



NEWSBRIDGE

A Trip to Irish National Stud, Tully Co. Kildare on the 8th August 2018

We had a pleasant surprise of a trip to visit Tully and the Japanese Gardens, Paul, Mary, Philip & Noel, or as I am known, Larry, in the racing world.

I was amazed at Philip's guided tour of the stud and the stallions. His knowledge of the stallions really gave me a shock and I kept my input of the trip to a lesser level. We had a lovely time there.

The Gardens, which are world famous, are a sight to be seen. Apart from the Stud, we walked through St. Fiachra's Garden, the patron saint of gardeners, which is a place for all to see. Our tour ended back at the Japanese Gardens. Put Tully on your list to visit now that it's at its best with flowers and all.

Noel C



Last Tuesday we visited the National Stud. We went for a walk in the Japanese Gardens, crossed the Bridge of Marriage twice, went to see the stallions out in the paddock, saw Invincible Spirit, National Defence and Gale Force Ten.

We had a tour of St. Fiachra's Gardens. Thanks for a lovely day, and your charming company, Mary, Paul & Noel.

Philip F

Inside this Issue:

Page 1 Members Stories about their trip to the National Stud

Page 2 Calendar/ Socials

Page 3 Education & Community Employment / Community, Social Events and Healthy Ireland

Page 4 Kildare under 20's secure place in history / Catering Unit

Page 5 Life Changing / A View from a hospital window / News Report

Page 6 Members fiction, A walk in the woods / Holiday in 2018

Page 7 Wordsearch / Interview

September Birthdays

Pat C

Áine B

James P

Vera F

Ray C

Jimmy N

Paula D



Have you checked out our blog lately? Stay up to date with all clubhouse activities <https://platinumclubhouse.wordpress.com>



September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
3 Policy Meeting Community project	4 House meeting	5 Sensory garden Art Class Advocacy Standard &Emp/Edu Meeting Social Weight management	13 Publications Menu Planning	7 Discussion
10 Policy Meeting Community project	11 House meeting	12 Sensory garden Art Class Advocacy Standard &Emp/Edu Meeting Social Weight management	13 Publications Menu Planning	14 Discussion
17 Policy Meeting Community project	18 House meeting	19 Social Sensory garden Art Class Advocacy Standard &Emp/Edu Meeting Weight management	20 Publications Menu planning	21 Discussion
24 Policy Meeting Community project	25 House meeting	26 Social Sensory garden Art Class Advocacy Standard &Emp/Edu Meeting Weight management	27 Publications Menu planning	28 Discussion

September Socials 2018

Wednesday 5th Castletown House /Emo Court

Wednesday 12th Quiz

Wednesday 19th Bowling / Cinema

Wednesday 26th Music / Book / Film Review

Unit Updates

Education & Community Employment

Supported Employment Position

I had already been working part time in an administrative role in Permanent TSB office for over 2.5 years but that temporary role became a victim of the financial crash and fortunately it took only 6 months to source another similar position.

I now work with a security company called Manguard Plus whose main premises are based in Ladystown Ladies Town, Industrial Estate, between Naas and Newbridge. I have been working there continuously now since September 2010 and this is by far the longest period I have been in one job.

Most of what I do is not rocket science but my part time role of ten hours a week involves looking after the following tasks; controlling petty cash system for company, filing bank statements for various accounts, sorting alarm activations and call out reports alphabetically and scanning sales invoices onto server for e-mailing. As a summary I would say that the extra income is welcome so that I can maintain my car on the road. It is the benefits of me out working in a psychological sense that is far greater. My confidence and self esteem have vastly improved as a result.

Clive C

Peter was interviewed on his experience of employment and the benefits of working. Peter has had a wide range of experience as in security, cabinet making & a caretaker of church grounds. The highlight of his employment & career was the responsibility & maintenance of a country church graveyard.

Peter informed the group that working was good for his wellbeing & stimulated and motivated him to be in work on time. As a family man it provided him with extra money which allowed him to do extra family events and also gave him an outlet of attending Kildare matches. Peter would encourage employment and is a valuable advocate to all our members in Platinum.

Peter B

Community, Social Events and Healthy Ireland



We had a social and we played different card games like snap, pairs and old maid. It was a good evening and everyone enjoyed the fun. Tea, coffee, crisps and chocolate were provided and liked by everyone. Looking forward to the next games evening in Platinum. *Debbie G*

A Music Appreciation evening social took place in Platinum on 08/08/2018 We had a very pleasant and relaxing evening listening to song and music. Some songs and music held special memories for some members. A social well worth attending. *James P*

Members working in the kitchen went out on an out & about social during the day yesterday 08/08/2018. They went to the Japanese Gardens & National Stud. One of the members said it was a great outing and was well worth the visit. Members felt good after the trip.

Kildare Under 20 secure place in history

After several near misses the most recent one in 2008 Kildare managed to stumble over the line beating a spirited fight back from Mayo in the inaugural Under 20 All Ireland Final in Croke Park. They were after beating Dublin and Kerry en route to the final.

This was a curtain raiser to the Round 3 Super 8 Quarter Final between Dublin and Roscommon at headquarters on the Sunday of the August Bank Holiday weekend. The lillies were ruthlessly efficient in the first half only shooting one wide in the whole first half and with full forward Brian McLoughlin scoring a crucial goal and they led at half time by four points (1-13 to 1-9).

Mayo were never going to hand Kildare the title particularly after the “Newbridge or Nowhere” fiasco and even though they built up a seven point lead Mayo came storming backing in the final ten minutes to reduce the deficit to a single score (3 point game).

They had a chance of a free close in injury time but thankfully it rebounded off the crossbar & went over for a point. The referee blew his final whistle shortly afterwards and Kildare had secured the win.

Clive C

Catering Unit

A reference from the Cooks Companion

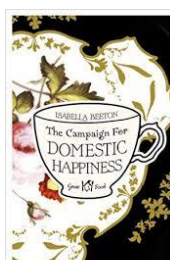
“St. Martha is the patron saint of cooking, the sister of the famous Mary Magdalene. They lived with their brother, Lazarus, in Bethany, a small town near Jerusalem. Jesus preached in Judea & often visited their home. As well as being the patron saint of cooks she also watches over butlers, dieticians, domestic servants, homemakers, hotel keepers, housemaids, housewives, inn keepers, laundry workers, maids & servants. In art Martha is portrayed as a housewife and is often depicted with symbols such as a broom, ladle, or set of keys. Her feast day is 29th July.”



Paul C

Isabella Beaton is fondly thought of as a wise and grandmotherly figure but was only 25 when she wrote & published the book of household management in 1861. She did not claim to be a trained cook but she compiled recipes and advice from many sources. Her book was not just a cook book but a complete manual to running a home including chapters on managing servants. Basic medical advice and legal matters. She had been well educated and married a wealthy publisher who believed an intelligent wife was a great blessing in life. Her progressive outlook is reflected in all chapters of the book. Mrs. Beaton’s life was productive but tragically brief. She died at the age of 28 of fever.

Paul C



Life Changing

Once again we are back into Autumn, and our Summer has flown by with temperatures soaring over 40 degrees in parts of Europe. Yes it is the hottest we have ever had. It's hard to acclimatise to such warm heat; clearly we are not able for it.

England, Portugal, Spain and France have had some unexpected heat waves also, while other countries like Indonesia have had an earthquake with many tremors. Over 130 people dying and others trying to escape, fearing for their lives.

There have been lots of worldwide events happening. We wonder why it is all happening? Life has changed a great deal for many of us. Are we moving too fast in our world. There are droughts all over Ireland, we are praying for rain, especially the farmers whose harvest has been ruined which leads to animals not getting enough to eat. There's no growth and therefore not enough food grown. Lands are drying out, and there's a scarcity of water.

And so what will autumn bring! Food prices may go up. There won't be as much exporting abroad. There seems to be a catastrophe worldwide. One thing that is good is that people are coming together more and helping one another. There are lots of good people going beyond their call of duty. It's made us realise life is precious, our world is worth protecting and perhaps as we go forward into Autumn it will be with clarity and an abundance of joy.

Frances H



A View from a hospital window

I was lucky went to the head of the queue, finished up in Moat Ward 12.30 at night. The windows were open and the lovely draught was coming in. The pigeons started their cooing at 5.30am so it was an early start. I showered & shaved and came back to my window to admire the view. The trees stand majestic, the Scots pine was pointing to the sky like a candelabra. The cones pristine after a shower of rain. The lake was a hive of busy birds, ducks & swans were patrolling and seagulls flew overhead. They were all waiting for a person with bread to arrive. A pair of turtle doves were courting across on the KDoc roof. Jackdaws and magpies were hunting around the trees. I left the window for my breakfast, enjoyed the porridge & toast & a lovely cup of tea. I resumed my position in a very comfortable chair at the window. The diving birds were busy dipping underwater & resurfacing yards away. Somebody arrived to feed the birds & they greedily scavenged for the bread. More seagulls arrived for the party. As the day warmed up the swallows and swifts took to the sky chasing fly. There were wonderful acrobatics as they twisted & turned in a feeding frenzy. It was such a busy picture across the lake.

Paul C

News Report

On the 5th of August 2018, Ireland was in the women's hockey final for the first time ever, will they come 2nd in the women's hockey final or will they win. Here's hoping they will win, but they will have to beat the Netherlands. It all starts at 16.50, and as the commentators said anything can happen.

Here's hoping that Ireland beats the Netherlands, the world champions. But sad to report that Ireland lost. The score was; Netherlands 6 & Ireland 0.

James P



Members Fiction

"A Walk in the Woods"

As I walked through the woods I saw a young girl sitting on a stone by the waterfall. She was lost in thought holding the handle of a jug broken on the rocks.

I look at the tree, it is Autumn. The leaves fall down on the girl but she does not seem to notice. "Are you alright?" I ask, no reply.

As I get closer I see blood on her wrists. I take out my cell phone to call for help and hope they will be on time to save another lost soul too shy to ask for help.

Philip F



The Will

We are gathered here today to hear the last will and testament of the late Mrs Harris Hill beloved wife of the late great Trevor Hill founder of the Hill upon the Hill Foundation. Present for the reading are Mr Trevor Hill junior and his fiancé Miss Charlotte Brown a former page three model and would be actress, his sister Mrs Susan Matthews formally Hill and her two children James and Jake both aged seven and nine. Not once but a few times Susan had to tell her children to stop asking what Grandma left them. Susan's ex-husband Lord Peter is not present for the will reading as he is in the House of Commons where he is an M.P. Also present for the will reading is Garda Sergeant Mahon, local vicar Cole and the late Mrs Hill's dog Lucky.

The solicitor Mr Boyle starts to read the will. To my son Henry I say not once when I was sick did you come and visit me, you and that harlot from the Daily Sun too busy keeping yours up to money in your late father's firm. If you had come and asked me for the money I would have given it to you, but not for a boob job for Miss Irish Sun, now Garda Sergeant Mahon I ask you to take them down to the local Garda station and charge them with fraud and embezzlement. Susan, you were always as sweet as a child, all you had to do was shed a tear and daddy gave into you. You never worked a day in your life, and then you met that lovely man Peter Matthews who like your daddy showered you when you were pregnant. He done the honourable thing and married you, then you broke his heart when he came home from the House of Commons and found you in bed with postman Dunne. Your two children are spoilt brats like you. Your share of my will Susan I give to Vicar Cole to build a new roof for the church. Go and get a job Susan, this gravy train has run out. I wish you both well Susan and Henry, you deserve all you are getting from your loving mother. Finally to my faithful dog Lucky, I give the rest of my money so that Solicitor Boyle can set up the Lucky Dog Foundation home for stray dogs.

Phillip F

Holidays In 2018

We left home on July 28th. Most of the way we went on the motorway. That evening we were too tired to do anything. The owner of the house left us food, so we didn't have to do any shopping.

The nearest town was Carlingford (6km) and the nearest shop was in Grange (3km). The Galway races were on television the first week we were there, so the wet weather didn't matter. The weather was great the second week when we were travelling. We were both sides of the border, but as they were so strict in the North we stayed in the republic most of the time.

We were out most nights. Pubs were always crowded. I suppose most of the people were on holiday.

The only thing I didn't like about it is that signposts were very scarce.



The manager was interviewing an applicant for a job. "You tell me you worked in six different places in the last year. That seems to indicate that you are the unsettled type." "No sir" said the applicant. "I left none of these jobs of my own free will."

Harry, who was the world's worst driver, took his friend Larry on a motoring holiday in the Alps. Every time they went round the hairpin bends, with tyres screeching, Larry was terrified. He tried to hide his fear, but eventually Harry realised his friend was scared.

"Don't worry," he said cheerfully. "Do what I do on these bends. Close your eyes."

Patricia D

Word Search

A	D	A	L	B	A	C	A	C	A	D	I
D	I	R	A	R	A	F	U	G	A	I	V
J	A	K	I	O	N	O	T	E	T	M	A
D	D	Y	A	T	I	C	A	T	O	G	P
Y	I	P	A	L	J	A	H	P	L	A	A
V	A	M	K	B	A	R	A	F	A	R	H
K	O	I	A	A	R	G	U	D	M	A	K
S	A	D	K	D	A	N	S	A	G	O	I
G	P	I	D	I	E	T	E	E	U	S	H
O	T	A	L	L	V	L	A	I	Y	R	A
B	I	P	V	I	K	Y	A	P	U	I	V
C	A	L	O	Y	A	M	I	A	F	D	I

Add, All, Bad, Bar, Car, Cat, Die, Dip, Ear, Far, Fun, Gap, Got, Hat, Ivy, Jar, Kit, Led, Lot, Mad, Mat, Not, Odd, Oil, Pay, Pie, Rag, Sad, Tap, Use-Yes

This Months Interview is with Ann

Favourite Singer / Actor ABBA

Favourite Season Christmas

What's the first meal you ever cooked Lasagne

Favourite Holiday Trip to Killarney, Ireland

About Platinum Clubhouse

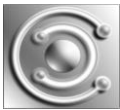
Clubhouse is a member run and centred service, where every individual has something valuable to contribute to the clubhouse and to society at large, irrespective of their diagnosis or level of function.

We offer members a supportive environment in which they can work alongside staff in planning and operating the Clubhouse.

Members participate in mutually planned vocational, educational and social activities.

The Clubhouse guarantees four main rights:

- **Right to a place to come**
- **Right to meaningful work**
- **Right to meaningful relationships**
- **Right to a place to return**



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