



## Unique Friends

### Get Together with Music In Mind

A music recital was held in Tus Nua Kildare. It was very enjoyable. Weeks of practise came together and visitors came together to experience the event. A group from Platinum Clubhouse, Frances H, Sheena H, James P, Joe G, Seamus D, Noel C, made their singing debut supported by members from the Harvest Centre and local community. They started with an African Song, "Funga" which means welcome, followed by a selection of favourite tunes. Tea and sandwiches were served after the event. A good day was had by all and we hope to continue this in the future.

Paul C



## Inside this Issue:

**Page 1** Unique Friends,  
Music In Mind Recital

**Page 2** Calendar

**Page 3** A New Generation

**Page 4** The Dairy Farm/  
apple sponge recipe

**Page 5** Joker's Corner/ tips  
for Autumn gardening

**Page 6** Tribute to Elvis  
/Holiday 2017

**Page 7** Wordsearch

## News Update

Congratulations to Sheena on securing a new T / E position in Naas Library. A reminder to all members that there is a workshop taking place on all courses available in Autumn 2017 on Tuesday 5<sup>th</sup> September at 11am. This includes the support available in the education unit regarding accessing such courses. Congratulations to Frances on completing the 5 day W R A P course. Welcome to Margaret our new staff member.

## September Events

6<sup>th</sup> September Games  
Social

13<sup>th</sup> September Bowling K  
Bowl

20<sup>th</sup> September Cinema or  
Bradbury's

27<sup>th</sup> September  
Employment Dinner

## September 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Harvest Festival Planning	2	3
4 Policy Meeting Walking	5 House meeting Efficacy	6 Art Class Standard & Emp / Edu meeting Advocacy	7 Walking Publication	8 Harvest Festival Planning	9	10
11 Policy Meeting Walking	12 House meeting Efficacy	13 Art Class Standard & Emp / Edu meeting Advocacy	14 Walking Publication	15 Harvest Festival Planning	16	17
18 Policy Meeting Walking	19 House meeting Efficacy	20 Art Class Standard & Emp/ Edu meeting Advocacy	21 Walking Publication	22 Harvest Festival Planning	23	24
25 Policy Meeting Walking	26 House meeting Efficacy	27 Art Class Standard & Emp/ Edu meeting Advocacy Employment Dinner	28 Walking Publication	29 Harvest Festival Planning	30	

## A New Generation

Summer is over. It's now time to return to education, schools and colleges re-open all around. Parents do their best to buy that last minute book or uniform. It's an expensive time for everyone. However, it's time to go forward and experience new ideas, a new horizon waits for some. Learning has changed somehow, children and young teenagers pick things up very quickly, and a new generation has come about whereby technology is changing constantly. Life is going by faster it seems or is it our busy lifestyle? If only we could take time out to say hello or good morning. At times it's hard to take our minds away from studying to get that extra grade or point. It's getting harder to get into college and finding accommodation is almost impossible, it's so expensive.

So the next time we feel our youth have it all to-day spare a thought for them, as there are no jobs for most of them, some have to go abroad for employment and leave their family and loved ones. What are the present government doing for them?

Frances H



## Durrow Scarecrows

Frances H, Sheena H, Tyca R, Michael P, Mary OL, Catherine D, Four members and two staff drove down to Durrow near Abbeyleix to view the Scarecrow Exhibition. They had a fabulous time. The standard and quality of the scarecrows was excellent. They enjoyed a picnic while out and called in at the coffee shop to enjoy the homemade fare. It was a full and busy day. Many photographs were taken.

Enjoyed by all

Paul C



## The Dairy Farm

It was a 24/7 lifestyle. Up at daybreak breakfast gather a string of bangers and head down to the trees on the middle field. They were hung out and lit to scare pigeons away from the crop of peas. It was our only cash crop and needed protection. Walking back I would round up the cows for milking. It was our second family. The lead cow was Dolly. The calves were given the same initial so Debbie & Dusty followed on. There were twins, Dixie & Dee and the beautiful Jersian cross Dainty. A Nora & Nancy, Kate & Kay, Belinda, who could jump over the gates, Marionette. We fitted a steel ring on the wall to tie her leg back as she was a dangerous kicker. There were 50 cows and calves in all and we used to walk the herd down the road to fresh pasture. Often strip grazing to make it go further. I was on the bike chasing to head them off at the crossroads and Nancy back kicked which sent me and the bike into the hedge and nettles. I was braised and stung from head to foot and was sore for days. Still managed to turn the herd to new pasture. The milk was stored in a chilled tank and collected every morning. That was progress after years of humping 10 gallon churns out to the road. The cheque for the milk was monthly, it was a goldmine. The Jersey cross cows gave us a high butter fat and a higher rate of pay. The older cows were crossed with Hereford to give us beef calves. We would take them to Louth cattle market to be sold. Put into a sack and held down in the car was the safest way to travel them. We used to cut and make hay in the far field. We had built a large sledge to gather 12 bales at a time behind the baler, it was my job to stack them to keep them dry till collected. We used to buy straw from the neighbours and did the same with it. Collected by the trailer load and brought it home to store in the big shed we had built beside the crew yard. They were industrious days. When the dutch elm disease struck we lost fifty beautiful trees. That gave us years of fire wood to store. We used explosives to blow up the tree trunks. It was dangerous work. I left the farm for a new job and father retired from dairy into beef farming for a less intensive workload. After leaving home my wages tripled, I saved up for a year and got married.

Paul C

## APPLE SPONGE PUDDING

You will need:

4 apples, peeled, cored, and sliced.

125 g. / 4 oz sugar

60 ml / 4 tablespoons water

5 ml / 1 teaspoon finely grated lemon rind.

2.5 ml / ½ teaspoon ground cloves.

Topping:

2 eggs

2.5 ml / ½ teaspoon vanilla essence

50 g / 2 oz castor sugar

50 g / 2 oz self-raising flour, sifted

Pinch of salt

15 ml / 1 tablespoon of brown sugar.

Put the apples, sugar, water, lemon rind, and cloves in a saucepan and simmer until the apples are tender. Transfer the mixture into a well-greased pie dish.

To make the topping, beat the eggs and vanilla essence together, and then beat in the sugar. Fold in the flour and salt. Pour over the apple mixture and sprinkle the brown sugar on top.

Put into a preheated oven at moderate (180° C / 350° F or Gas Mark 4) and bake for 30 to 35 minutes or until the topping is golden brown and firm.

Serves 4



Enjoy

## Joker's Corner

Local man tried to blow up a car:  
He burnt his lips

What is the hungriest number  
from one to one hundred:  
Seven as it eight nine.  
Seamus D

Sam: "What are you wearing for the  
fancy dress party?"

Anne: Two shirts, two pairs of  
trousers, two jackets and four  
socks."

Sam: "What are you going as?"

Anne: "Twins."

A woman was being cross -examined  
in court. "How old are you?" asked  
the judge. She hesitated. "Don't  
hesitate," he said. "Every second  
makes it worse."

"So where are you from?" the American  
asked the Irishman after they'd chatted  
for a while in the bar. "I'm from the  
finest country in the world," the  
American replied proudly.  
"Really" the Irishman replied. "Well  
that's the strangest Irish accent I've  
ever heard."

Patricia D

## Tips for autumn gardening

Tidy Borders

Clean out compost bins

Plant evergreens

Maintain garden equipment

Spray lawns for moss if there is a lot of moss

Cut back dahlias etc and lift bulbs

Plant autumn plants



## Preparation for harvest festival

### In Platinum for 4<sup>th</sup> October

Preparation has started in earnest for our  
Harvest Festival. We have been busy  
creating our exhibition for the day and are  
looking forward to everyone taking part and  
being as creative in any way they can. All  
ideas and creations are welcome. Looking  
forward to seeing what we all come up with.

Martina D



The word "blog" is written in large, colorful, 3D block letters. The letters are pink, green, orange, and blue, and they appear to be floating or standing on a white surface.

Have you checked out our blog lately? Stay up to  
date with all clubhouse activities

<https://platinumclubhouse.wordpress.com>

## September Birthdays

Pat C, Aine B, James P,  
Vera F, Ray C, Jimmy N, Paula D,



## Tribute to Elvis

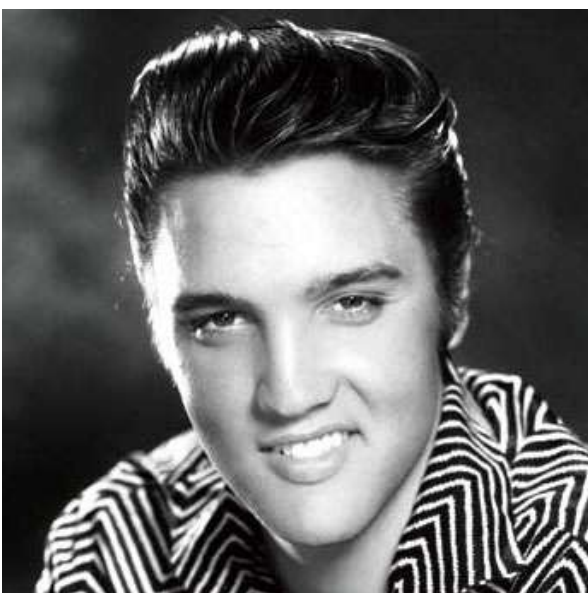
A rock 'n roll hero was he,  
With handsome face and unique voice,  
With charm changed the course of  
society,  
A talented man been many ladies choice.

He brought romance to all the crowd,  
Really was intriguing in all he done,  
His voice so good soft or loud,  
Yes, he really and truly was such fun.

He flashed his fancy gear on stage,  
A performance of a real genuine star,  
In his time he was all the rage,  
All his music hits will go far.

All we have is memory of this man,  
A CD or DVD to relive our dreams,  
For me, he is always my best fan,  
On a stage where stars forever gleam.

Paddy M



## Holiday 2017

The holidays were spent in the Cork/Kerry area. Based in Glengariff, so both counties were easily reached. We left home on July 22<sup>nd</sup>. We went via Portlaoise and the Jack Lynch tunnel. As it was such a long journey, we didn't go anywhere else that evening except mass. When we were in Glengariff, the owner met us and drove us to the house, which is down a laneway of over a mile. It is very rough and uneven and has a lot of briars on it.

The house itself is lovely inside and out the front. Neither the back nor the side is anything like that.

We went to Goughane Barra, Mizen Head, The Healy Pass, Killarney, The Barley Lake, The Ring of Kerry and many more places.

Any rain we had was at night. The fog would lift around 10am and then it would be lovely.

The nicest place we went to was Bantry House & Gardens.

We came home through the Ring of Kerry.

Patricia D



D	I	X	O	B	Y	R	N	G	A	L	V
R	O	C	R	A	D	N	G	N	W	O	D
K	E	E	G	A	A	Y	N	L	R	A	W
I	V	L	A	G	E	G	O	L	O	N	F
N	L	I	E	N	I	V	L	A	G	O	G
A	C	E	W	B	E	A	A	H	L	N	N
H	K	O	S	N	N	N	O	L	A	A	U
S	D	O	R	D	G	O	Y	Y	L	G	O
R	N	Y	R	R	N	X	F	O	L	E	Y
A	B	E	L	L	I	I	N	U	C	R	H
M	W	A	R	D	K	D	A	R	C	Y	O
S	L	L	I	E	N	O	S	N	H	O	J

Andrews, Bell, Byrne, Coyne, Corr, Darcy, Dixon, Downey, Foley, Galvin, Gibson, Hall, Johnson, Keegan, King, Long, Marsh, Nolan, O'Neill, Regan, Ward, Young,

## This Months Interview is with

**Patsy G**

**Favourite Meal: Salads and chocolate brownies & custard**

**Favourite Movie: Ghost**

**Favourite Hobby: Treadmill, sit ups, walking, working in the gym, water aerobics**

**Sport: Ice skating**



## About Platinum Clubhouse

Clubhouse is a member run and centred service, where every individual has something valuable to contribute to the clubhouse and to society at large, irrespective of their diagnosis or level of function.

We offer members a supportive environment in which they can work alongside staff in planning and operating the Clubhouse.

Members participate in mutually planned vocational, educational and social activities.

The Clubhouse guarantees four main rights:

- **Right to a place to come**
- **Right to meaningful work**
- **Right to meaningful relationships**
- **Right to a place to return**



Platinum Clubhouse  
Unit B1, Century Park  
Newbridge Industrial Estate  
Newbridge  
Co Kildare  
Ireland

Tel: +353(0)45433229

Fax: +353(0)45433206

Email: [platinumclubhouse@eve.ie](mailto:platinumclubhouse@eve.ie)

Blog: <https://platinumclubhouse.wordpress.com>

Web: [www.kildare.ie/platinum](http://www.kildare.ie/platinum)

