



Halloween

Our Halloween Party started off with a bang with members coming in dressed up. Some came dressed up as The Witches of Eastwick, some as zombies, while one of the men dressed up as a ghostly poet.

There was a great buzz around as a lot of members attended.

The celebrations began with a Halloween Themed Dinner. We had bat soup, followed by smoked fish and a selection of Halloween Themed desserts, eg, Brack.

Later on we put on some spooky Halloween cd's. We organised tables and played lots of fun Halloween games, trying to get apples out of water. We got into a circle and told scary Halloween stories. Everyone got into the Spirit of Halloween, and enjoyed the day enormously.

Frances H



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November Events

Cinema Social 16th
November 2016

Employment Dinner 25th
November 2016

November 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 House meeting Efficacy Group	2 Art Class Standard & Emp/ edu meeting advocacy group	3 Walking Group Publication group W R A P	4 Community support Crafts group	5	6
7 Policy Meeting Walking group	8 House meeting Efficacy Group	9 Art Class Standard & Emp / Edu meeting advocacy group	10 Walking Group Publication group W R A P	11 Community support Crafts group	12	13
14 Policy Meeting Walking group	15 House meeting Efficacy Group	16 Art Class Standard & Emp / Edu meeting Advocacy group. Cinema Social.	17 Walking Group Publications Group W R A P	18 Community support Crafts Group	19	20
21 Policy Meeting Walking group	22 House meeting Efficacy Group	23 Art Class Standard & Emp/ edu meeting Advocacy group	24 Walking Group Publications Group W R A P	25 Community Support Crafts Group Employment dinner	26	27
28 Policy Meeting Walking group	29 House meeting Efficacy Group	30 Art Class Standard & Emp/ Edu meeting Advocacy group				

RIP Maurice

Farewell Daddy

Bless you Daddy in every way
Now you have reached Heaven's Home
For you in our hearts prayer to say
To a special man a one of our own
You passed away in peace and love
Until you were released from us all
It is of you our dreams are of
In Divine Grace at God's call
You reared your Family so well
Gave us security in our youth
Each one of us a good future to tell
Guided us with a wholesome truth
At hard times looked after us
And never gave up the fight
For you, Daddy, Family came first
And taught us wrong from right
Your love for us shone on your face
A handsome man you have always been
Treated your wife, Nancy, with much grace
Now united in Heaven as a team
You will be always in our prayer
One day we will join you at last
God's love for you is beyond compare
Now, the good Lord in your grasp
In this life you have faced God alone
Now in eternal ecstasy you stay
You are now immersed in Heaven's Throne
With our righteous Lord shown the way
Our hearts reach out to you, Daddy dear
Never will be forgotten in time
Within our grief shed many a tear
Although, all for you will be just fine

Paddy M

Andrea

The clock struck 8 o'clock as Andrea woke up. Quickly she got out of bed, showered and put on her best outfit. She was tall and elegant with a small frame. Her bone structure which stood out was inherited from her mum's side, except for her hair which was long and wavy and fell around her shoulders. She could have been a model she mused to herself as she put on some rouge and lipstick.

Today was a very important day for Andrea as she picked up the keys and walked out of the apartment, and up 5th Avenue Boulevard. She loved this time of morning as she went up one street where she passed a cathedral with people heading for mass. On either side a small cafeteria was opening up for today while a market to the left was selling all kinds of silk materials for all to buy.

A lot of the time the materials were sent to Eastern Countries for clothing to be made from the fabulous coloured silks. The amount of freshly made bread and croissants made her realize she had no breakfast, but yet there was no time to stop. She must not be late she thought to herself today of all days.

Soon everything would become clear to her as she turned the corner into Anne's street, nearly collapsing with a cyclist on the pavement. No, nothing was going to stop her from feeling on top of the world today. It had to be destiny for she believed in it firmly.

At last she had reached her destination, she stood in full view of her very own boutique shop once owned by an Italian. But for now she was the proud owner as she inserted her keys to open up for business on her very first day.

Frances H



Crafts Class

Tea Cosy Knitting Pattern

Knit 2

Using Size 4mm Knitting needles

Cast on 49 stitches

Row 1 – 45, Knit 2, purl 2 to last stitch knit 1

Row 46 – Knit 2, then (purl 3tog, knit 1) until last 3 stitches purl 2, knit 1.

Row 47 – Knit 2, purl2, then (knit 1, purl 1) across the row ending with knit 1.

Row 48 – Knit 1 (slip 1, knit 1, pss0) 2stitches remaining knit 2 tog.

Row 49 – knit 1 purl 1 until last stitch knit 1

Row 50 – Knit 2tog until last stitch knit 1

Cast off.

To Make Up.

- Sew two sides together.
- Leave space for both the spout and handle
- Make bobble for the top and sew on.



Making Tea

To make a perfect pot of tea,

- Boil some fresh water then use a little to warm the teapot. After a minute or so, strain the water off into the sink.
- Pop your teabags into the teapot – how many is up to you but one per cup is recommended. (I usually add two teabags to my 4-6 cup pot)
- Add freshly boiled water straight away, then let the leaves infuse for 3 – 5 minutes. Put on the tea cosy on the tea pot to keep the tea warm.
- Remove the lid give a quick stir, offer the first draw to whoever takes their tea light, and some milk, sit back, sip and enjoy!



An evening at K-Bowl

On Wednesday 19th of October we went to K-Bowl for bowling. While most people took the people carrier, me and a few others drove over there in our cars. As we got there a few people put on runners and we took to three teams containing six people each. When it came to my turn to bowl I picked up the lightest bowl and concentrated on the skittles and let down the ball and it rolled down the path and knocked about four skittles and in my second round the ball slid off the path and into the chute and missed the remaining skittles to my frustration. The people in my team were Joe G, Clive C, Bryan T, Paul C and Michael T as well as myself. Joe got a single break as did Bryan and I almost got a single break with two skittles still standing in which I knocked down in my second round. In all I scored 67 points as I cannot remember all the other scores but I came third in my team. Paul C got a few strikes in which put him in first place in our team. After that we went down to Toughers Restaurant where we got a sandwich and tea or coffee.

Tommy K

Advocacy Group

This group meets every Wednesday morning at 11.30 am. It is exclusively an advocacy group for women. There is an attendance of 7 to 11 members each week. Every Wednesday the members meet to discuss a topic of choice. Everyone gets involved in the discussion and each member has a contribution to make. The group is very enjoyable and a great success.

Weather permitting we go for a 10 minute walk to end the group session.



Sheena H



Have you checked out our blog lately?
Stay up to date with all clubhouse activities
<https://platinumclubhouse.wordpress.com>

November Birthdays



Garry, Bríd, John Joe, Eileen

The History of Newbridge

Newbridge is a large town in Kildare situated between the towns of Kildare and Naas. It was founded by the Normans in the 13th century. They founded it beside the river Liffey. It was an early Christian settlement around that time as well. The earliest known mention of Newbridge was by a traveller the name of John Danton in 1698. A mass house was built beside the bridge in 1730 and an inn was built in 1750. The origin of the modern town lies in the establishment of Cavalry barracks between 1815 to 1819 on land purchased by three landlords. The barracks extended from the river Liffey to Cutlery Road and from Main Street to Military Road. The Watering Gates located it at the entrance of the town park was also constructed as part of the original barrack building. The landlord Eyre Powell gave land north of the new high road to build houses and shops to serve the new barracks. Main Street took shape the same time the barracks was being built. From 1819 various regiments were stationed at Newbridge and brought much business to the town.

Newbridge expanded rapidly after the Curragh Camp was established in 1855. Eyre Street named after the local landlord and Edward Street named after Prince Edward later King Edward VII who was stationed on the Curragh. The new railway opened in 1846 and churches were built at Roseberry Common in 1819, St Eustace, and Dominican and in 1828 Saint Patricks Church of Ireland plus Saint Conleth and the Roman Catholic Church to cater for the growing population. A national school was opened in 1842 at the railway road and a boarding school at the Dominican Friary in 1852. The town prospered until the withdrawal of the Cavalry in May 1922 on the establishment of the Free State. It went into decline afterwards but revived in the 1960s.

Tommy K



Trip to Killarney

I will take you to a special place many, many years ago. I brought a group to Muckcross Farmhouse about one mile from the famous Muckcross House. We stayed for a weekend in this farmhouse sleeping on the floor and in bunk beds. It took us half an hour from the train station to the farmhouse. When we were walking out to the farmhouse on the first day we met a farmer on the road. One of the lads asked him how far out to Muckcross farmhouse it was. Just a spit around the corner he said. The next day walking into Killarney who did we meet but the same farmer. One of our lads named the goblin said to him I would not like to be beside you when your spitting you would be drowned. Another famous thing the lads used to do was one of them had a little camera with no film in it. They used to stop the Jarveys with the tourists. One of the lads told them to smile and often this would result in a few pence from the tourists. Another famous trick was one lad would kneel in front of the hedge and the other behind the hedge. The lad in front of the hedge would pretend he had caught a leprechaun and the lad behind would shout let me go let me go I will never tell you where the crock of gold is. This was a great amusement to the Jarveys who would stop and let the tourist take pictures.

John F



Word Search

A	L	T	E	P	A	L	S	T	A	K	W	E	E
C	H	E	E	L	E	N	E	I	G	H	E	E	K
K	H	G	I	E	L	A	P	A	E	T	S	I	C
M	A	L	S	T	A	K	E	S	P	A	K	U	H
O	N	K	I	O	H	C	F	E	L	A	M	Q	E
V	A	L	A	N	T	G	A	N	T	P	L	D	E
K	Y	A	T	P	C	L	I	A	B	A	N	E	K
A	O	G	M	E	T	H	R	E	A	E	N	E	E
T	B	A	L	E	Y	D	E	R	L	H	A	R	E
S	I	L	R	H	R	E	L	A	V	C	B	L	W
L	V	E	A	C	O	I	A	F	A	G	A	L	M
E	R	A	H	T	R	G	M	G	I	T	I	A	F
N	P	Q	U	I	E	T	A	I	L	L	R	A	H
T	O	N	K	E	I	G	H	F	A	I	L	E	N

Alter, Ant, Bail, Bale, Ban, Bann, Boy, Cheap, Cheep, Dye, Eight, Fair, Fare, Gale, Hare, I'll, Knot, Lent, Mail, Male, Not, Ore, Pale, Quiet, Reed, Stake, Tail, Tale, Vail, Vale, Week,

This Month's Interview is With

Gordon

How did you hear about Platinum Clubhouse? KARE.

Why did you join Platinum Clubhouse? To meet and make friends.

How has Platinum Clubhouse helped you? Encouraged me to leave my house daily and mix with friends who care.

Any other comments: Platinum is a friendly place and the people there care about you. The food is lovely. Staff are nice.

About Platinum Clubhouse

Clubhouse is a member run and centred service, where every individual has something valuable to contribute to the clubhouse and to society at large, irrespective of their diagnosis or level of function.

We offer members a supportive environment in which they can work alongside staff in planning and operating.

Members participate in mutually planned vocational, educational and social activities.

The Clubhouse guarantees four main rights:

- **Right to a place to come**
- **Right to meaningful work**
- **Right to meaningful relationships**
- **Right to a place to return**



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