

KILDARE 2017 INDOOR TRACK AND FIELD CHAMPIONSHIP

Athlone – Sunday 22nd January 2017 (Starting 10.00am)

Schedule of events

U11	60m		500m		Long Jump				4 x 100m
U12	60m		600m		Long Jump			Shot putt	
U13	60m		600m	1,000m walk	Long Jump	High Jump	60m hurdles		4 x 100m
U14	60m		800m		Long Jump			Shot putt	
U15	60m		800m	1,000m walk	Long Jump	High Jump	60m hurdles		4 x 200m
U16	60m	200m	800m		Long Jump			Shot putt	
U17	60m	200m	800m	1,000m walk	Long Jump	High Jump	60m hurdles	Shot putt	4 x 200m
Senior	60m	200m	800m		Long Jump				

General matters

1. If no competition exists for a particular age then athletes can move up 1 age group. This does not include U16 200m for which only U16 athletes are eligible. This also does not include U10 athletes who are not eligible for entry.
2. Age categories are those pertaining in 2017.
3. Long jump entries are restricted to a maximum of 3 athletes per club in each age competition.
4. U16, U17 and senior long jumps will be separate competitions but their jumps will be done together.
5. U16 and U17 shot putt will be separate competitions but their putts will be done together.
6. Some walk events may start together, depending on entries.
7. An athlete may only enter a total of 3 events (plus 1 relay).
8. Entry of €5 total per athlete (additional €5 per relay team) will be billed to clubs.
9. Entries for all events to Larry Dunne by Tuesday 17th January 2016 – kildaretracksecretary@gmail.com.