

KILDARE 2015 INDOOR TRACK AND FIELD CHAMPIONSHIP

Athlone – Saturday 24th January 2015 (11.00am)

Schedule of events

U12	60m		600m	1,000m walk	Long Jump		Shot putt	
U13	60m		600m	1,000m walk		High Jump		4 x 100m
U14	60m		800m	1,000m walk	Long Jump		Shot putt	
U15	60m		800m	1,000m walk		High Jump		4 x 200m
U16	60m	200m	800m	1,000m walk	Long Jump		Shot putt	
U17	60m	200m	800m	1,000m walk	Long Jump	High Jump	Shot putt	4 x 200m

General matters

1. If no competition exists for a particular age then athletes can move up 1 age group. This does not include U16 200m for which only U16 athletes are eligible. This also does not include U11 athletes who are not eligible for entry.
2. Age categories are those pertaining in 2015.
3. Long jump entries are restricted to a maximum of 3 athletes per club in each age competition.
4. U16 and U17 long jump will be separate competitions but their jumps will be done together.
5. U16 and U17 shot putt will be separate competitions but their putts will be done together.
6. All age group walk events will start together.
7. An athlete may only enter a total of 2 events (plus 1 relay).
8. As we are very restricted for time in this competition, all entries for all events are to be by pre-entry only, no on the day entries. Entries to be sent to Larry Dunne no later than Sat 17th January 2015 at kildaretracksecretary@gmail.com.
9. Relay teams also to be by pre-entry, no on the day entries. The 4 competing athletes don't need to be named with the entry, they can be decided by clubs on the day.
10. All clubs to provide at least 3 named officials and their contact mobile numbers with their entries (2 will suffice for smaller clubs). If you have a knowledge of specific events please specify this with entries.
11. Entry of €5 per athlete (additional €5 per relay team) will be billed to clubs.