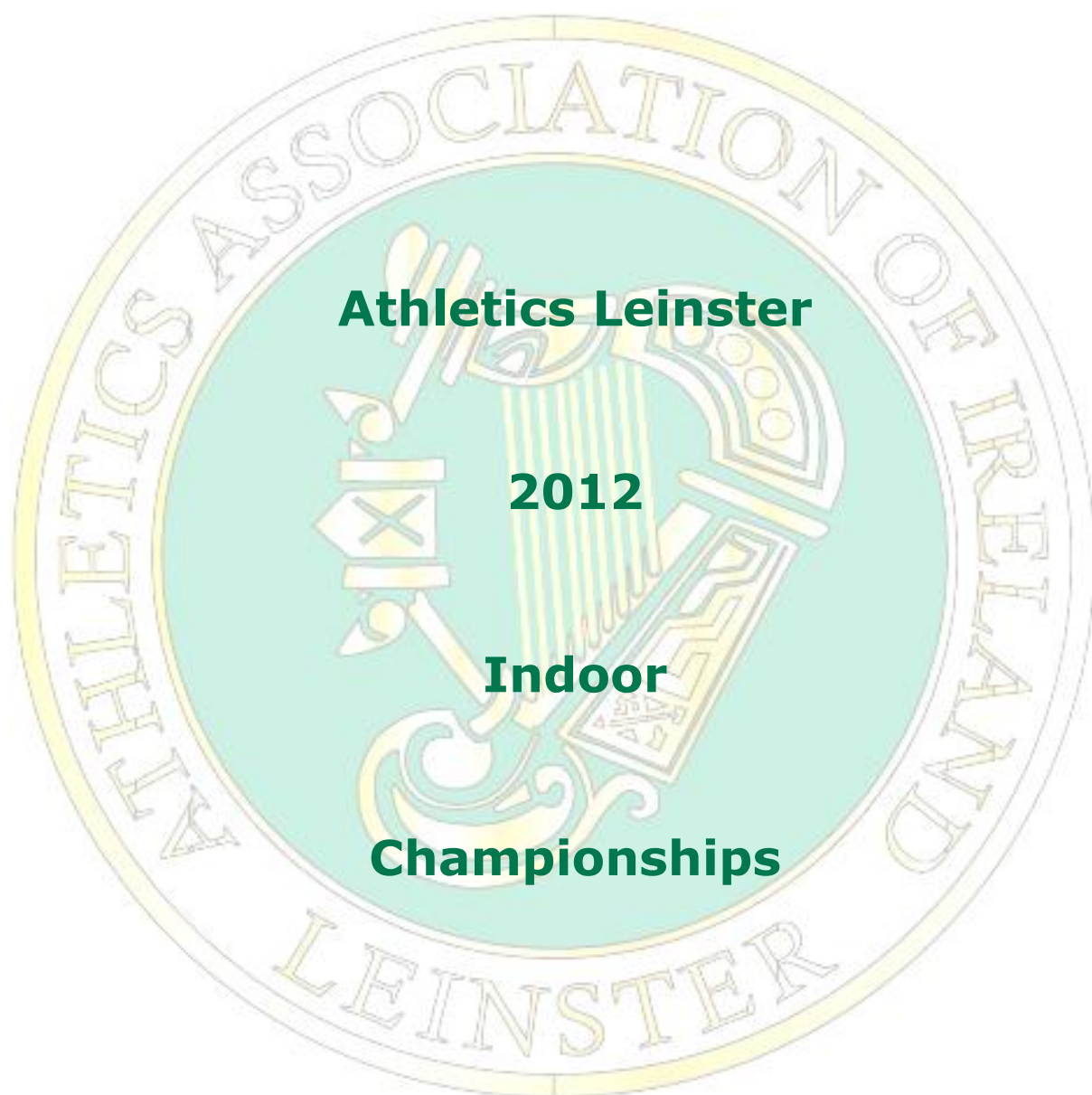




**Athletics Leinster**

**2012 Indoor Championships**





## Athletics Leinster

### 2012 Indoor Championships

#### **2012 Track & Field Policies**

Athletics Leinster wishes to advise clubs of the following 2012 Indoor. It is the intention of Athletics Leinster to **strictly** enforce these policies for the 2012 season.

#### **Officials**

**IT IS THE RESPONSIBILITY OF ALL CLUBS, WITH NO EXCEPTIONS, TO PROVIDE OFFICIALS FOR COMPETITION.** Failure of a club to provide officials will result in a club's athletes not being permitted to compete. All Clubs that enter athletes in a competition must provide officials on the day of competition. Officials must be clearly named on submitted club entry forms. Officials must sign in at the check-in desk on the day of competition and be available to officiate for the duration of the competition. Where nominated officials are not in attendance on the day of competition, alternate officials must be made available. It is the intention of Athletics Leinster to wholly prohibit participation of offending clubs in competition.

**ALL** clubs will be expected to provide officials for **ALL** competitions which they have athletes competing in.

#### **Entries**

**Incorrect or Incomplete Entry Forms will NOT be accepted, and will be returned to Club Secretaries. ENTRY FORMS SUBMITTED WITHOUT VALID ATHLETE REGISTRATION NUMBERS OR CLUB OFFICIALS FOR THE DAY OF COMPETITION WILL NOT BE PROCESSED AND WILL BE RETURNED TO CLUB SECRETARIES.**

**STRICTLY NO INDIVIDUAL ON THE DAY ENTRIES OR EVENT AMENDMENTS WILL BE ACCEPTED.** There is sufficient time provisioned to arrange club entries in advance of each championship. To avoid disappointment, Athletics Leinster advises clubs to submit entries before the closing date of each Championship.

**Relay amendments may be accepted, WITHIN REASON where entries were previously processed. Relay amendments must be written out and presented on the supplied sheet. Such amendments MUST be processed EARLY on the day of competition.**

#### **Athletic Proficiency**

**ATHLETIC PROFICIENCY FOR PARTICIPATION IS NOT OPTIONAL.** In the interest of safety for all present, it is the responsibility of ALL coaches to ensure athletes exhibit proficiency in all events on the day of competition. In the event an athlete fails to exhibit the required or expected level of proficiency in a discipline, a coach or parent may be contacted and the athlete sympathetically requested to desist from competition.

#### **In-Field Coaching**

**COACHES AND PARENTS ARE STRICTLY NOT ALLOWED ON THE TRACK OR INFIELD AT ANY TIME.** The infield is for Officials & Competing Athletes. Parents & Coaches are not allowed on the infield, those found to be in violation of this guideline risk disqualification of their athletes. Please stay outside of the perimeter fencing at all venues.



## Athletics Leinster

### 2012 Indoor Championships

#### **Valid Competition**

Pertaining to Masters Competitions, AN EVENT WHICH HAS LESS THAN 3 COMPETITORS WILL NOT BE HELD.

An event must have a minimum of three competitors to constitute a valid competition as there is no competition without competitors. THIS APPLIES TO ALL MASTERS CATEGORIES.

#### **2012 Age Groups**

1. Age categories calculated from 31st December in the year of competition.
2. No athlete may obtain a birthday in the year of competition and compete in that age.
3. Please note all ages in this booklet should be read as UNDER the stated age.

**Age 9 Born 2004**

**Age 10 Born 2003**

**Age 11 Born 2002**

**Age 12 Born 2001**

**Age 13 Born 2000**

**Age 14 Born 1999**

**Age 15 Born 1998**

**Age 16 Born 1997**

**Age 17 Born 1996**

**Age 18 Born 1995**

**Age 19 Born 1994**

#### **Policy Statement for the Athletic Association of Ireland**

The Athletic Association of Ireland is fully committed to safeguarding the well being of all of its members. Every individual in Athletics Ireland should at all times show respect and understanding for members rights, safety and welfare and conduct themselves in a manner that reflects the principles of the organisation and the guidelines contained in the Code of Ethics and Good Practice for Children's Sport.

In Athletics Ireland our first priority is the welfare of the young people and we are committed to providing an environment which will allow participants to perform to the best of their ability, free from bullying and intimidation.

This is an extract from the Policy Statement from the Code of Ethics and acts as a guide for all rules. The Code has been distributed to all clubs and is readily available from Athletics Ireland.



<http://www.athleticsireland.ie/docs/CodeofConduct.pdf>

#### **Entry & Competition Rules**

- Athletes are allowed to compete in individual events as follows:

Age Category	# of Events
U12 – U19	3 Events + Relay

- In the Indoor Relays an athlete may move up one age group.
- At least 2 members of a competing relay team, participating in that event on that day must be of the correct age, exception U17, 18, 19 age groups where no limitation applies
- Please ensure all entry forms are completed in BLOCK CAPITALS and legible.
- First and last name for each athlete is required along with **DOB** and **2011/2012 AAI registration number** (life registration numbers will **NOT** be accepted)
- All Athletes are **strictly** confined to their own age groups. A fine of €75 will be levied where this rule is broken.
- Entries received after the indicated closing date will be charged at double the normal fee.
- There is no limit on the number of athletes a club may enter per individual event.
- **Check-In:**
  - Track Athletes check-in when collecting their numbers, **COLLECTING YOUR NUMBER DOES NOT MEAN YOU ARE CHECKED IN.**
  - All athletes must collect a competition number, minimum one hour prior to their event.
  - Field Athletes check-in when their event is called:
- Club singlets must be worn. If no singlet is available – a PLAIN white tee-shirt is permitted. No other form of dress (e.g. football shirts) is allowed.
- 5mm spikes **ONLY** will be allowed on track.
- False Start Rules apply.
  - U12 to U15; one false start allowed and a second leads to disqualification
  - U16 upwards; a false start leads to disqualification.
- Athletes must leave the arena when their event is complete.
- There will be three attempts allowed in all field events, with a further three attempts for the top eight competitors (with the exception of the High Jump & the Pole Vault).
- Where a heat is listed, if insufficient competitors check in a FINAL will be held at heat time.
- 200m, 300m, 400m and relays. If there are 2 heats the winner of each heat plus the 2 fastest will go forward to the Final.
  - If there are more than 2 heats the four fastest will go forward to the FINAL.
- 600, 800m and 1500m
  - If there are 2 Heats the first 3 in each heat plus the 2 fastest losers will go forward to the final.
  - If there is 3 Heats the first 2 plus the 2 fastest losers will go forward to the final.
  - If 8 or less check in (at the discretion of the committee) a FINAL will be held at heat time.



## Athletics Leinster

### 2012 Indoor Championships

- Please have respect for the stadium and its environs.
- Please do not leave your personal belongings unattended.
  
- Athletes may move up **ONE** age group only for a relay, with the following exceptions:
  - Girls U16 CANNOT compete in the Girls U17 4 \* 300m
  - Boys U16 CANNOT compete in the Boys U17 4 \* 400m
- **Entry Forms** must be submitted, before the closing date to:

**Sports Development Project  
Claremont Stadium  
Navan  
Co. Meath  
Tel: 046 902 9966**
  
- The first three (3) from each region qualify for the National Championships. If possible, please confirm your National entry with the Indoor Secretary before leaving the regional Championships. (U12 Hurdles is not a National Event and therefore there is no qualification)
- **U17 – U19 ATHLETES, ENTERED FOR LEINSTER CHAMPIONSHIP BUT DO NOT COMPETE IN THESE CHAMPIONSHIPS DUE TO INJURY OR OTHER SPECIAL CIRCUMSTANCES MUST APPLY IN WRITING TO THE REGIONAL COMPETITION SECRETARY IF THEY WISH TO BE ENTERED FOR THE NATIONAL CHAMPIONSHIP.**
- Athletics Leinster reserves the right to alter the timetables. Any alterations to the programme will be published on the Athletics Leinster website, [www.athleticsleinster.ie](http://www.athleticsleinster.ie).
- Please direct any queries to the Athletics Leinster Track & Field competition secretary, Pat Carty on 0876538501 OR [patrickcarty@gmail.com](mailto:patrickcarty@gmail.com).



## Athletics Leinster

### 2012 Indoor Championships

<b>2012 Athletics Leinster Indoor Programme</b>				
Date	Start Time	Age Category	Venue	Closing Date
PLEASE NOTE: 'RED TEXT' ON THE 'SCHEDULE OF EVENTS' INDICATE AMENDMENTS				
Sunday 29 <sup>th</sup> Jan	10:30	Juvenile Indoor Relays	Nenagh	Friday 13 <sup>th</sup> Jan
	10:30	Junior, Senior & Master <b>Field</b> Events		
	13:30	Junior, Senior & Master <b>Track</b> Events		
Saturday 18 <sup>th</sup> Feb	10:30	Juvenile Indoors	Nenagh	Friday 3 <sup>rd</sup> Feb
Sunday 19 <sup>th</sup> Feb	10:30	Juvenile Indoors	Nenagh	Friday 3 <sup>rd</sup> Feb



**Athletics Leinster**

**2012 Indoor Championships**

**Indoor DAY 1**

**Sunday 29<sup>th</sup> January**

**Juvenile Club Relay (U12 – U19)**

**Junior**

**Senior & Master**

**Championships**



## Athletics Leinster

### 2012 Indoor Championships

#### Indoor Championships Day 1 - Schedule of Events

#### Nenagh

Sunday 29<sup>th</sup> January 2012

TRACK					
Order	Age Category	Relay	Order	Age Category	Relay
<b>MORNING 10:30</b>					
Women	Jun/Sen/ Mast	3000m	Men	Jun/Sen/Mast	3000m
Women	Jun/Sen/Mast	400m Heats	Men	Jun/Sen/Mast	400m Heats
Women	Jun/Sen/Mast	3K Walk	Men	Jun/Sen/Mast	3K Walk
Girls	U13	4 x 100m	Boys	U13	4 x 100m
Girls	U15	4 x 200m	Boys	U15	4 x 200m
Girls	U17	4 x 200m	Boys	U17	4 x 200m
Girls	U19	4 x 200m	Boys	U19	4 x 200m
Women	Jun/Sen/Mast	400m Final	Men	Jun/Sen/Mast	400m Final
Girls	U13/15/17/19	Relay Finals	Boys	U13/15/17/19	Relay Finals
<b>AFTERNOON 13:30</b>					
Women	Jun/Sen/Mast	60m Heats	Men	Jun/Sen/Mast	60m Heats
Girls	U12	4 x 100m	Boys	U12	4 x 100m
Girls	U14	4 x 200m	Boys	U14	4 x 200m
Girls	U16	4 x 200m	Boys	U16	4 x 200m
Girls	U18	4 x 200m	Boys	U18	4 x 200m
Women	Jun/Sen/Mast	60m Final	Men	Jun/Sen/Mast	60m Final
Girls	U12/14/16/18	Relay Finals	Boys	U12/14/16/18	Relay Finals
Women	Jun/Sen/Mast	800m	Men	Jun/Sen/Mast	800m
Women	Jun/Sen/Mast	200m Heats	Men	Jun/Sen/Mast	200m Heats
Women	Jun/Sen/Mast	60mH Heats	Men	Jun/Sen/Mast	60mH Heats
Women	Jun/Sen/Mast	60mH Final	Men	Jun/Sen/Mast	60mH Final
Women	Jun/Sen/Mast	1500m	Men	Jun/Sen/Mast	1500m
Women	Jun/Sen/Mast	200m Final	Men	Jun/Sen/Mast	200m Final
Women	Jun/Sen/Mast	Relays	Men	Jun/Sen/Mast	Relays
<b>FIELD</b>					
Order	Age Category	Relay	Order	Age Category	Relay
<b>MORNING 11:00</b>					
Women	Junior	Triple Jump	Men	Junior	Triple Jump
Women	Senior	Triple Jump	Men	Senior	Triple Jump
Women	Masters	Triple Jump	Men	Masters	Triple Jump
Women	Masters	High Jump	Men	Masters	High Jump
Women	Junior	High Jump	Men	Junior	High Jump
Women	Senior	High Jump	Men	Senior	High Jump
Women	Senior	Long Jump	Men	Senior	Long Jump
Women	Masters	Long Jump	Men	Masters	Long Jump
Women	Junior	Long Jump	Men	Junior	Long Jump
Women	Junior	Shot Putt	Men	Junior	Shot Putt
Women	Senior	Shot Putt	Men	Senior	Shot Putt
Women	Masters	Shot Putt	Men	Masters	Shot Putt





## Athletics Leinster 2012 Indoor Championships

**Closing Date for Entries. Friday 13<sup>th</sup> Jan, 2012.**

To Sports Development Project, Claremont Stadium, Navan, Co. Meath

**RELAYS: €10 per team**

**(LATE ENTRY; €20 per team)**

**JUNIOR ENTRY FEE:**

**€3 per event**

**SENIOR ENTRY FEE:**

**€5 for first event & €3 per extra event**

**STRICTLY NO ON-THE-DAY INDIVIDUAL ENTRIES OR AMENDMENTS**

**CLUB RELAY TEAM ENTRIES MUST BE SUBMITTED BY COMPETITION CLOSING DATE**

**DO NOT SUBMIT ENTRY FORMS WITHOUT CORRECT & VALID ATHLETE REGISTRATION NUMBERS**

**DO NOT SUBMIT ENTRY FORMS WITHOUT NAMING AVAILABLE & COMPETENT OFFICIALS FOR THE DAY OF COMPETITION**



Athletics Leinster

2012 Indoor Championships

Juvenile Indoor Relays (U12 – U19)

INDOOR RELAY TEAM ENTRY FORM

**CLOSING DATE: Friday 13<sup>th</sup> Jan 2012**

To Sports Development Project, Claremont Stadium, Navan, Co. Meath

CLUB							
EVENT		Name	DOB	Reg #	Name	DOB	Reg #
<b>SEX / AGE CATEGORY</b>							
4 * 100m	4 * 200m	1			2		
		3			4		
		5			6		
<b>SEX / AGE CATEGORY</b>							
4 * 100m	4 * 200m	1			2		
		3			4		
		5			6		
<b>SEX / AGE CATEGORY</b>							
4 * 100m	4 * 200m	1			2		
		3			4		
		5			6		
<b>SEX / AGE CATEGORY</b>							
4 * 100m	4 * 200m	1			2		
		3			4		
		5			6		



## Athletics Leinster

### 2012 Indoor Championships

EVENT		Name	DOB	Reg #	Name	DOB	Reg #
<b>SEX / AGE CATEGORY</b>							
<b>4 * 100m</b>	<b>4 * 200m</b>	<b>1</b>			<b>2</b>		
		<b>3</b>			<b>4</b>		
		<b>5</b>			<b>6</b>		
<b>SEX / AGE CATEGORY</b>							
<b>4 * 100m</b>	<b>4 * 200m</b>	<b>1</b>			<b>2</b>		
		<b>3</b>			<b>4</b>		
		<b>5</b>			<b>6</b>		
<b>SEX / AGE CATEGORY</b>							
<b>4 * 100m</b>	<b>4 * 200m</b>	<b>1</b>			<b>2</b>		
		<b>3</b>			<b>4</b>		
		<b>5</b>			<b>6</b>		
<b>SEX / AGE CATEGORY</b>							
<b>4 * 100m</b>	<b>4 * 200m</b>	<b>1</b>			<b>2</b>		
		<b>3</b>			<b>4</b>		
		<b>5</b>			<b>6</b>		
<b>SEX / AGE CATEGORY</b>							
<b>4 * 100m</b>	<b>4 * 200m</b>	<b>1</b>			<b>2</b>		
		<b>3</b>			<b>4</b>		
		<b>5</b>			<b>6</b>		



## Athletics Leinster

### 2012 Indoor Championships

EVENT		Name		DOB	Reg #	Name		DOB	Reg #
<b>SEX / AGE CATEGORY</b>									
4 * 100m	4 * 200m	1				2			
		3				4			
		5				6			
<b>SEX / AGE CATEGORY</b>									
4 * 100m	4 * 200m	1				2			
		3				4			
		5				6			
<b>SEX / AGE CATEGORY</b>									
4 * 100m	4 * 200m	1				2			
		3				4			
		5				6			
<b>SEX / AGE CATEGORY</b>									
4 * 100m	4 * 200m	1				2			
		3				4			
		5				6			

I declare that all entries are eligible and enclose entry fees of: € \_\_\_\_\_

**Name & #of Club Official:** \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



# Athletics Leinster

## 2012 Indoor Championships

### Relay Team Amendment Form

<b>Club:</b>	
--------------	--

Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			
Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			
Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			
Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			



## Athletics Leinster 2012 Indoor Championships

Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			
Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			
Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			
Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			
Sex / Age Category:			
	Name	D.O.B	Reg. #
1			
2			
3			
4			
S1			
S2			



**Athletics Leinster**

**2012 Indoor Championships**

**Junior Leinster Indoor Championship**

**Nenagh**

**Sunday 29<sup>th</sup> Jan**

**ENTRY FORM**

**CLOSING DATE: Friday 13th, Jan 2012**

To Sports Development Project, Claremont Stadium, Navan, Co. Meath

Club: \_\_\_\_\_ Name: \_\_\_\_\_

Sex: \_\_\_\_\_ REG #: \_\_\_\_\_

D.O.B: \_\_\_\_\_ Age Category: \_\_\_\_\_

Address: \_\_\_\_\_

Tel #: \_\_\_\_\_ e-mail: \_\_\_\_\_

Events: \_\_\_\_\_

# of Events: \_\_\_\_\_ Fees Included: \_\_\_\_\_

Name / # of Official: \_\_\_\_\_

**Entry Fee: €3 per event.**

**Late Entry Fee: €6 per event.**



**Athletics Leinster**

**2012 Indoor Championships**

**Senior & Master Leinster Indoor Championship**

**Nenagh**

**Sunday 29<sup>th</sup> Jan**

**ENTRY FORM**

**CLOSING DATE: Friday 13th, Jan 2012**

To Sports Development Project, Claremont Stadium, Navan, Co. Meath

Club: \_\_\_\_\_ Name: \_\_\_\_\_

Sex: \_\_\_\_\_ REG #: \_\_\_\_\_

D.O.B: \_\_\_\_\_ Age Category: \_\_\_\_\_

Address: \_\_\_\_\_

Tel #: \_\_\_\_\_ e-mail: \_\_\_\_\_

Events: \_\_\_\_\_

# of Events: \_\_\_\_\_ Fees Included: \_\_\_\_\_

Name / # of Official: \_\_\_\_\_

**Entry Fee: €5 for the first event and €3 for subsequent events.**

**Late Entry Fee: €10 for the first event and €6 for subsequent events.**





**Athletics Leinster**

**2012 Indoor Championships**



**Indoor DAY 2**

**Saturday 18<sup>th</sup> February**

**Juvenile  
Championships**



## Athletics Leinster

### 2012 Indoor Championships

#### Indoor Championships Day 2 - Schedule of Events

Nenagh

Saturday 18<sup>th</sup> February 2012

TRACK					
Order	Age Category	Relay	Order	Age Category	Relay
<b>MORNING 10:30</b>					
Girls	U16	1500m Heats	Boys	U16	1500m Heats
Girls	U17	1500m Heats	Boys	U17	1500m Heats
Girls	U18	1500m Heats	Boys	U18	1500m Heats
Girls	U19	1500m Heats	Boys	U19	1500m Heats
Girls	U16	200m Heats	Boys	U16	200m Heats
Girls	U17	200m Heats	Boys	U17	200m Heats
Girls	U18	300m Heats	Boys	U18	400m Heats
Girls	U19	400m Heats	Boys	U19	400m Heats
Girls	U12	600m Heats	Boys	U12	600m Heats
Girls	U13	600m Heats	Boys	U13	600m Heats
Girls	U12	60mH Heats	Boys	U12	60mH Heats
Girls	U13	60mH Heats	Boys	U13	60mH Heats
Girls	U14	60mH Heats	Boys	U14	60mH Heats
Girls	U15	60mH Heats	Boys	U15	60mH Heats
Girls	U16	60mH Heats	Boys	U16	60mH Heats
Girls	U17	60mH Heats	Boys	U17	60mH Heats
Girls	U18	60mH Heats	Boys	U18	60mH Heats
Girls	U19	60mH Heats	Boys	U19	60mH Heats
Girls	All	60mH Finals	Boys	All	60mH Finals
Girls	All	1500m Finals	Boys	All	1500m Finals
Girls	All	600m Finals	Boys	All	600m Finals
Girls	All	200m Finals	Boys	All	200m Finals
Girls	All	300m/400m Final	Boys	All	400m Finals
Girls	U14 / 15	1000m Walks	Boys	U14 / 15	1000m Walks
Girls	U16/17/18/19	1500m Walks	Boys	U16/17/18/19	1500m Walks



## Athletics Leinster

### 2012 Indoor Championships

FIELD					
Order	Age Category	Relay	Order	Age Category	Relay
<b>MORNING 10:30</b>					
Girls	U12	Long Jump	Boys	U12	Long Jump
Girls	U14	Long Jump	Boys	U14	Long Jump
Girls	U16	Long Jump	Boys	U16	Long Jump
Girls	U18	Long Jump	Boys	U18	Long Jump
Girls	U18	Triple Jump	Boys	U18	Triple Jump
Girls	U13	High Jump	Boys	U13	High Jump
Girls	U15	High Jump	Boys	U15	High Jump
Girls	U17	High Jump	Boys	U17	High Jump
Girls	U19	High Jump	Boys	U19	High Jump
Girls	U19	Shot Putt	Boys	U19	Shot Putt
Girls	U17	Shot Putt	Boys	U17	Shot Putt
Girls	U15	Shot Putt	Boys	U15	Shot Putt
Girls	U13	Shot Putt	Boys	U13	Shot Putt

**Closing Date for Entries. Friday 3<sup>rd</sup> Feb, 2012.**

To Sports Development Project, Claremont Stadium, Navan, Co. Meath

**ENTRY FEE:**

**€3 per event**

**(LATE ENTRY; €5 per event)**

**STRICTLY NO ON-THE-DAY INDIVIDUAL ENTRIES OR AMENDMENTS**

**CLUB RELAY TEAM ENTRIES MUST BE SUBMITTED BY COMPETITION CLOSING DATE**

**DO NOT SUBMIT ENTRY FORMS WITHOUT CORRECT & VALID ATHLETE REGISTRATION NUMBERS**

**DO NOT SUBMIT ENTRY FORMS WITHOUT NAMING AVAILABLE & COMPETENT OFFICIALS FOR THE DAY OF COMPETITION**



**Athletics Leinster**

**2012 Indoor Championships**

**Junvenile Indoor Championship (U12 – U19)**

**DAY 2 ENTRY FORM**

**CLOSING DATE: Friday 3<sup>RD</sup> February 2012**

To Sports Development Project, Claremont Stadium, Navan, Co. Meath

CLUB						
Official Use	Age Category	Events	Athlete Name	SEX	D.O.B	Reg #
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				



**Athletics Leinster**  
**2012 Indoor Championships**

Official Use	Age Category	Events	Athlete Name	SEX	D.O.B	Reg #
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				



**Athletics Leinster**  
**2012 Indoor Championships**

Official Use	Age Category	Events			Athlete Name	SEX	D.O.B	Reg #
		1	2	3				
		1						
		2						
		3						
		1						
		2						
		3						
		1						
		2						
		3						
		1						
		2						
		3						
		1						
		2						
		3						

I declare that all entries are eligible and enclose entry fees of: € \_\_\_\_\_

**Name & #of Club Official:** \_\_\_\_\_

Signed: \_\_\_\_\_

Date: \_\_\_\_\_



**Athletics Leinster**

**2012 Indoor Championships**



**Indoor DAY 3**

**Sunday 19<sup>th</sup> February**

**Juvenile**

**Championships**



## Athletics Leinster

### 2012 Indoor Championships

#### Indoor Championships Day 3 - Schedule of Events

Nenagh

Sunday 19<sup>th</sup> February 2012

TRACK					
Order	Age Category	Relay	Order	Age Category	Relay
<b>MORNING 10:30</b>					
Girls	U18	200m Heats	Boys	U18	200m Heats
Girls	U19	200m Heats	Boys	U19	200m Heats
Girls	U14	800m Heats	Boys	U14	800m Heats
Girls	U15	800m Heats	Boys	U15	800m Heats
Girls	U16	800m Heats	Boys	U16	800m Heats
Girls	U17	800m Heats	Boys	U17	800m Heats
Girls	U18	800m Heats	Boys	U18	800m Heats
Girls	U19	800m Heats	Boys	U19	800m Heats
Girls	U12	60m Heats	Boys	U12	60m Heats
Girls	U13	60m Heats	Boys	U13	60m Heats
Girls	U14	60m Heats	Boys	U14	60m Heats
Girls	U15	60m Heats	Boys	U15	60m Heats
Girls	U16	60m Heats	Boys	U16	60m Heats
Girls	U17	60m Heats	Boys	U17	60m Heats
Girls	U18	60m Heats	Boys	U18	60m Heats
Girls	U19	60m Heats	Boys	U19	60m Heats
200m Finals			200m Finals		
800m Finals			800m Finals		
60m Finals			60m Finals		
FIELD					
Order	Age Category	Relay	Order	Age Category	Relay
<b>MORNING 10:30</b>					
Girls	U13	Long Jump	Boys	U13	Long Jump
Girls	U15	Long Jump	Boys	U15	Long Jump
Girls	U17	Long Jump	Boys	U17	Long Jump
Girls	U19	Long Jump	Boys	U19	Long Jump
Girls	U19	Triple Jump	Boys	U19	Triple Jump
Girls	U12	High Jump	Boys	U12	High Jump
Girls	U14	High Jump	Boys	U14	High Jump
Girls	U16	High Jump	Boys	U16	High Jump
Girls	U18	High Jump	Boys	U18	High Jump
Girls	U18	Shot Putt	Boys	U18	Shot Putt
Girls	U16	Shot Putt	Boys	U16	Shot Putt
Girls	U14	Shot Putt	Boys	U14	Shot Putt
Girls	U12	Shot Putt	Boys	U12	Shot Putt





## Athletics Leinster 2012 Indoor Championships

**Closing Date for Entries. Friday 3<sup>rd</sup> Feb, 2012.**

To Sports Development Project, Claremont Stadium, Navan, Co. Meath

**ENTRY FEE:**

**€3 per event**

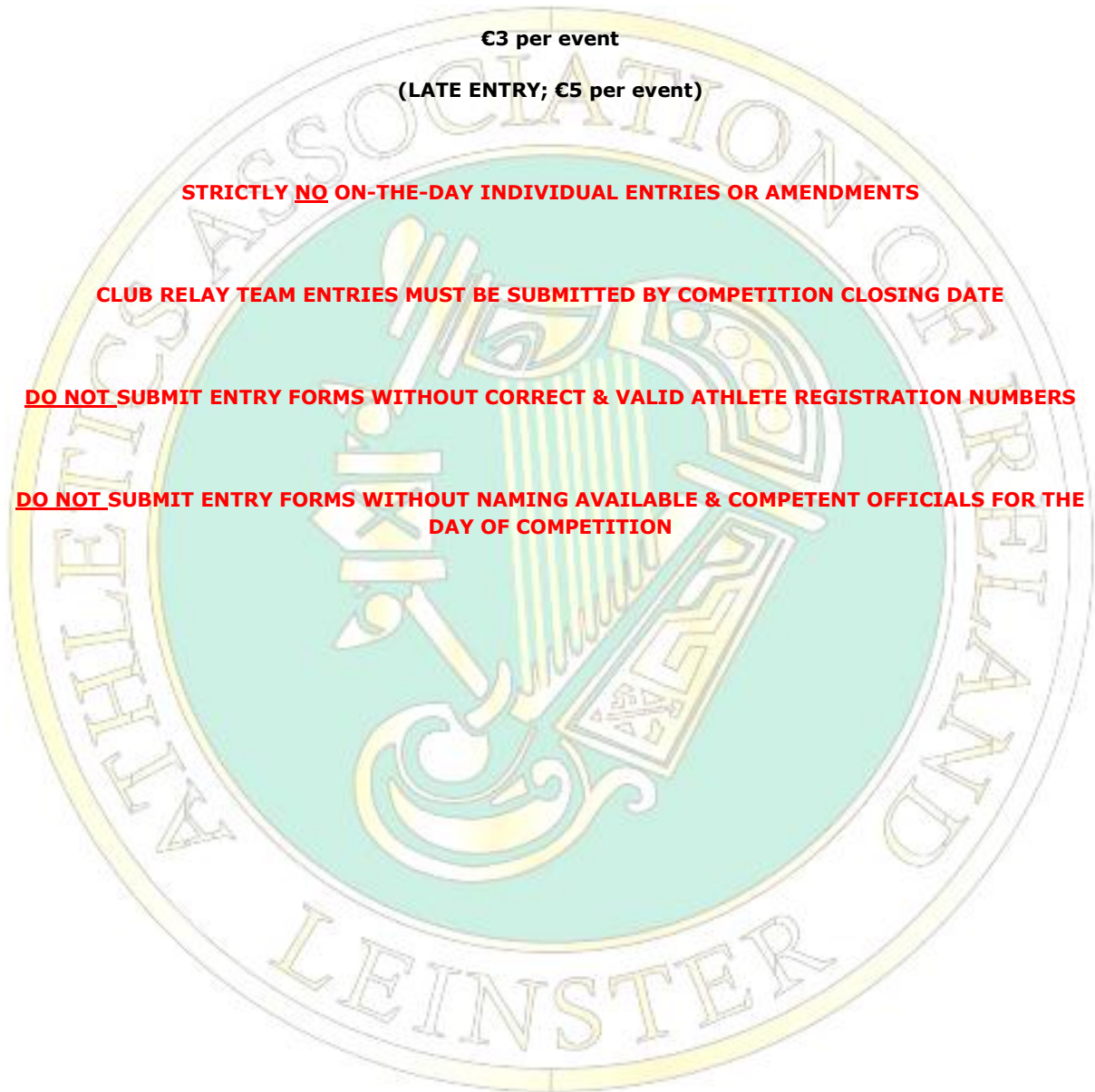
**(LATE ENTRY; €5 per event)**

**STRICTLY NO ON-THE-DAY INDIVIDUAL ENTRIES OR AMENDMENTS**

**CLUB RELAY TEAM ENTRIES MUST BE SUBMITTED BY COMPETITION CLOSING DATE**

**DO NOT SUBMIT ENTRY FORMS WITHOUT CORRECT & VALID ATHLETE REGISTRATION NUMBERS**

**DO NOT SUBMIT ENTRY FORMS WITHOUT NAMING AVAILABLE & COMPETENT OFFICIALS FOR THE DAY OF COMPETITION**





**Athletics Leinster**

**2012 Indoor Championships**

**Junvenile Indoor Championship (U12 – U19)**

**DAY 3 ENTRY FORM**

**CLOSING DATE: Friday 3<sup>RD</sup> February 2012**

To Sports Development Project, Claremont Stadium, Navan, Co. Meath

CLUB						
Official Use	Age Category	Events	Athlete Name	SEX	D.O.B	Reg #
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				



**Athletics Leinster**  
**2012 Indoor Championships**

Official Use	Age Category	Events	Athlete Name	SEX	D.O.B	Reg #
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				



**Athletics Leinster**  
**2012 Indoor Championships**

Official Use	Age Category	Events	Athlete Name	SEX	D.O.B	Reg #
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				
		1				
		2				
		3				

I declare that all entries are eligible and enclose entry fees of: € \_\_\_\_\_ **Name & #of Club Official:** \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_



**Athletics Leinster**

**2012 Indoor Championships**



**Juvenile  
Championships**

**Hurdles & Weights**



## Athletics Leinster

### 2012 Indoor Championships

#### Hurdles

Age / Distance	Heights	# Hurdles	Lead	Distance	Final
<b>Girls 12</b> 60m	68.6cm = 2' 3	5	11.00m	7.25m	20.00m
<b>Girls 13</b> 60m	68.6cm = 2' 3	5	11.00m	7.25m	20.00m
<b>Girls 14</b> 60m	68.6cm = 2' 3	5	11.50m	7.50m	18.50m
<b>Girls 15</b> 60m	76.2cm = 2' 6	5	12.00m	8.00m	16.00m
<b>Girls 16</b> 60m	76.2cm = 2' 6	5	12.00m	8.00m	16.00m
<b>Girls 17</b> 60m	76.2cm = 2' 6	5	13.00m	8.50m	13.00m
<b>Girls 18</b> 60m	76.2cm = 2' 6	5	13.00m	8.50m	13.00m
<b>Girls 19</b> 60m	84.0cm = 2' 9	5	13.00m	8.50m	13.00m
<b>Boys 12</b> 60m	68.6cm	5	11.00m	7.25m	20.00m
<b>Boys 13</b> 60m	76.2cm = 2' 3	5	11.00m	7.25m	20.00m
<b>Boys 14</b> 60m	76.2cm = 2' 6	5	11.50m	7.50m	18.50m
<b>Boys 15</b> 60m	84.0cm = 2' 9	5	12.00m	8.00m	16.00m
<b>Boys 16</b> 60m	84.0cm = 2' 9	5	13.00m	8.50m	13.00m
<b>Boys 17</b> 60m	91.4cm = 3' 0	5	13.00m	8.50m	13.00m
<b>Boys 18</b> 60m	91.4cm = 3' 0	5	13.72m	9.14m	9.72m
<b>Boys 19</b> 60m	99.0cm = 3' 3	5	13.72m	9.14m	9.72m



## Athletics Leinster 2012 Indoor Championships

### Shot Putt

Boys	AGES	Girls
2 k	12	2 k
2 k	13	2 k
2.72 k	14	2 k
3.25 k	15	2.72 k
4 k	16	3.25 k
5 k	17	3.25 k
5 k	18	4 k
6 k	19	4 k

