



Athletics Leinster

2011 Combined Events Programme

PRELIMINARY

Combined Events Championship

Tullamore Harriers Stadium

Evening – 1

Tuesday Evening 12th July

Start-time: 18:30

Age Category	Event	Disciplines
U15 Girls	Pentathlon	75mH, Long Jump, High Jump, Shot, 800m
U15 Boys	Pentathlon	75mH, Long Jump, High Jump, Shot, 800m
U16 Girls	Pentathlon	80mH, Long Jump, High Jump, Shot, 800m
U17 Boys	Octathlon	100m, Long Jump, Shot, 400m
U17 Girls	Heptathlon	100mH, High Jump, Javelin, 200m
U18 Boys	Octathlon	100m, Long Jump, Shot, 400m
U18 Girls	Heptathlon	100mH, High Jump, Javelin, 200m
U19 Boys	Octathlon	100m, Long Jump, Shot, 400m
U19 Girls	Heptathlon	100mH, High Jump, Javelin, 200m
Junior Men	Octathlon	100m, Long Jump, Shot, 400m
Junior Women	Heptathlon	100mH, High Jump, Javelin, 200m
Senior Men	Decathlon	100m, Long Jump, Shot, High Jump, 400m
Senior Women	Heptathlon	100mH, High Jump, Javelin, 200m
Masters Women	Pentathlon	100mH, Shot, Long Jump, High Jump, 800m
Master Men M4+	Quadrathlon	100m, Shot, Long Jump, 1500m



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Evening – 2

Thursday Evening 14th July

Start-time: 18:30

Age Category	Event	Disciplines
U14 Boys	Pentathlon	75mH, Long Jump, High Jump, Shot, 800m
U14 Girls	Pentathlon	80mH, Long Jump, High Jump, Shot, 800m
U16 Boys	Pentathlon	80mH, Long Jump, High Jump, Shot, 800m
U17 Girls	Heptathlon	Long Jump, Shot, 800m
U17 Boys	Octathlon	110mH, High Jump, Shot, 1000m
U18 Girls	Heptathlon	Long Jump, Shot, 800m
U18 Boys	Octathlon	110mH, High Jump, Shot, 1000m
U19 Girls	Heptathlon	Long Jump, Shot, 800m
U19 Boys	Octathlon	110mH, High Jump, Shot, 1000m
Junior Women	Heptathlon	Long Jump, Shot, 800m
Junior Men	Octathlon	110mH, High Jump, Shot, 1000m
Senior Women	Heptathlon	Long Jump, Shot, 800m
Senior Men	Decathlon	110mH, Discus, P.V, Javelin, 1500m
Master Men (M1-M3)	Pentathlon	100mH, Shot, Long Jump, High Jump, 1500m



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PLEASE NOTE:

- The event order will be decided on the day based on the number of athletes competing per Age Category.
- Girls 17, 18, 19 and Boys 17, 18 and 19 are separate competitions.
- All athletes should be technically proficient and competent to compete in each event.
- In the long jump and each of the throwing events, each athlete shall be allowed three trials only.
- In the track events, an athlete shall be disqualified in any event, in which the athlete has made two false starts.
- An athlete failing to attempt to start or make a trial in one of the events shall not be allowed to take part in the subsequent events but shall be considered to have abandoned the competition. They shall not, therefore, figure in the final classification.
- The winner shall be the athlete who has obtained the highest number of points. Medals will be presented to the top three in each category.
- Combined Scoring tables to be used will be published in advance of the Championship

**Where possible, entries to be emailed in advance of competition to
Pat Carty**

patrickcarty@gmail.com

Entries **WILL** be accepted on the evening(s) of competition

Juvenile Entry Fee: €5 (single payment)

Seniors & Masters Entry Fee: €10 (single payment).

Guest Athletes Welcome