

# STAR OF THE SEA A.C.

22<sup>nd</sup> ANNUAL CROSS-COUNTRY MEETING  
SUNDAY 26<sup>TH</sup> SEPTEMBER 2010

GREENANSTOWN, STAMULLEN, CO. MEATH

*Note: Venue will be signposted from Duleek to Julianstown road and from Stamullen village.*

## JUVENILE PROGRAMME COMMENCES AT 11AM

### GIRLS

RACE 1: U9 500M  
RACE 3: U10 500M  
RACE 5: U11 1000M  
RACE 7: U12 1,500M  
RACE 9: U13 1,500M  
RACE 11: U14 2,000M  
RACE 13: U15 2,200M  
RACE 15: U17 3,000M

### BOYS

RACE 2: U9 500M  
RACE 4: U10 500M  
RACE 6: U11 1000M  
RACE 8: U12 1,500M  
RACE 10: U13 1,800M  
RACE 12: U14 2,200M  
RACE 14: U15 2,500M  
RACE 16: U17 4,500M

## JUNIOR, SENIOR AND MASTERS PROGRAMME COMMENCES AT 12:45PM

WOMENS: JUNIOR, SENIOR AND MASTERS (M1, M2, M3) 4,000M

MENS: JUNIOR, SENIOR AND MASTERS (M1, M2, M3) 6,000M

### PLEASE NOTE:

- >REGISTRATION FOR JUNIOR, SENIOR & MASTER RACES ON THE DAY – NO REGISTRATION AFTER 12.30PM.
- >3 PER TEAM FOR ALL JUVENILE RACES
- >JUNIOR AND SENIOR TEAMS CAN CONTAIN ANY COMBINATION OF JUNIOR AND SENIOR ATHLETES – 3 PER TEAM.
- >MASTERS TEAMS CAN CONTAIN ANY COMBINATION OF ATHLETES FROM M1, M2 AND M3 – 3 PER TEAM.
- >JUNIOR RACES ARE UNDER 20 YEARS OF AGE.
- >ALL AGES AS AT 31<sup>ST</sup> OF DECEMBER 2010
- >PRIZES FOR 1<sup>ST</sup> 6 JUVENILES AND 1<sup>ST</sup> 3 TEAMS
- >CASH PRIZES FOR 1<sup>ST</sup> 3 JUNIOR, SENIOR & MASTERS.
- >PRIZES FOR 1<sup>ST</sup> 3 MASTERS IN M1, M2, M3.
- >MASTERS LADIES- OVER 35 AND MASTERS MEN -OVER 40.
- >TEAM MANAGERS TO HAND IN SCORE CARDS WITHIN 10 MINS OF FINISH OF EACH RACE.
- >SEAN HIGGINS MEMORIAL PERPETUAL TROPHY PRESENTED TO THE WINNER OF THE BOYS U17 RACE.
- >STAR OF THE SEA A.C. SHIELD PRESENTED TO BEST JUVENILE CLUB.

### FOR FURTHER INFORMATION PLEASE CONTACT:

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<http://community.meath.ie/starofthesea/>