



Athletics Leinster

Novice & Masters Road Race Championships

2:00 PM, Monday 4th May 2009

Gowran, Co. Kilkenny

Timetable

2:00 PM

Novice and Masters Women 3000m

2:20 PM

Novice and Masters Men 6000m

**Entry Fee: 5 euro per athlete
10 euro per team**

Medals to Top 3 per category and Top 3 club and county teams

Please note – There are two Masters Men Team Categories for both club and county competitions

M1+M2

M3+

**Further information from Competition Secretary (Road/CC)
Carmel Kelly (086 165 0971)**