

Naas Sub Aqua Club Ltd.

Pool Training



It started on Saturday the 6th of October the other dates are on the 13th and the 20th of October. Your help is required at the pool these evenings with new members donning off and on gear. We are hoping to take on approx. eight new members this year. As you can imagine this will take quiet extensive time and training from the Mon's and Club Divers throughout the year so all hands on deck for trainee weekends.



Night Diving has started

Well we have commenced our night diving. It took off with great interest and well turned out. We met at 8pm at Sandy Cove 40 foot on the evening of Thursday 27th September. A nice mild evening, wind was from the North East F 3-5. The brief commenced with all the usual extras that would come with a night dive. Buddies teamed together ready for off. Liam Staunton our D.O. made a good call to say the 40 foot was too rough. He also said for future information one would want to be aware of the wash that comes from the HSS. We moved to the alternative dive site Sandy Cove beach. Entering the water at

8:45pm we spent 30 minutes in the water checking out the night life. One group played hide and seek with a lobster. Plenty to be seen but visibility was restricted because of bloom and silt in water turned up with under water swell. Sam Williams did his last night dive with Naas Sub Aqua that night because he is returning home to Australia for the foreseeable future. We will miss him in the club he was always there to lend a hand and was a great asset to the club. Now that he is a Club Diver he said he will continue diving in warm waters. I think he knows the Great Barrier Reef will be no match for the Great Sandy Cove.

The members that turned up on the night were Liam Staunton D.O., Tom McCabe, Sam Williams, Chris Couling, Barry Lawler, Maire Lawler, Joan McElwin, Tom Cruise & Eamon Russell.



Liam Staunton D.O.

Liam has a busy year ahead of him this year. Planning the dives and dive sites for the year. Liam is a leading diver and very experienced. He has planned the training weekend to be in Carraroe Co. Galway 15th March-08 long weekend. There are four Holiday Cottages booked beside each other in Carraroe each holding five people + if you want to sleep closer. Contact Liam Staunton or Eamon Russell as soon as possible if going only deposit of €25 will secure position.



Pool Training, Lectures & Snorkels

Pool training will commence on Saturday 3rd of November and every Saturday evening between 7-8 pm at Naas swimming pool for the foreseeable future which will include Snorkel and Scuba each evening.

Course lectures will take place over four Sundays from 2-6 pm. They are Sunday the 18th, Sunday 25th, of November and two lectures on Sunday 13th and Sunday 20th of January in Lawler's hotel Naas.



Open water Snorkels will commence on 1st January at Digby Bridge and Sandy Cove. Diving will start once all pre dive snorkels are done.

Sponsors 07

Wyeth.
Boran Plastic Packaging Ltd.
JF Dunne Insurance Ltd.
RFL Steel Ltd.
Quinn Media.

Club Equipment

Compressors

We have our new Coltri Sub MCH36 in Club House and working well

The two portable MCH9.3 compressors will now get a rest and will be mounted on the trailer used when we go on weekends etc. They were serviced and air tested recently cert in club house.

Boats

Naas 1, Naas 2, & Naas 4

Repair work will be carried out over the winter on all boats and trailers. Tom & Bernard will have list of jobs and every body is required to help out.

Clubhouse

We meet every Wednesday from 20:00. To fill cylinders and carry out repair work to equipment. New storage presses were installed in clubhouse and shelving on wall of clubhouse is proposed to tidy up materials from floor. Help is required from all members so that our equipment will be in shipshape for the summer.

Advertising 07

KFM
Naas Voice, News Paper
Kildare Post,
Nationalist,
Leinster Leader,
Kildare Voice,
Letters to Companies.

Did You Know

Centuries of recorded history have shown that man has always wanted to explore the underwater world. Divers held their breath to dive for shells in the Mediterranean Sea as early as 4500 B.C., ancient Greek and Roman divers sought pearls, sponges, and shells, and divers in the Persian Gulf used goggles made of polished clear tortoise shell to see clearly underwater as early as A.D. 1300. In the early 1930's, Guy Gilpatric, an American diver, became one of the first to use rubber goggles with glass lenses. In the mid-1930's, face masks, fins, and snorkels came into use. In 1943, the first safe and simple independent breathing device for diving, the aqua lung, was invented by two Frenchmen, Jacques Cousteau, a naval officer, and Emile Gagnan, an engineer. Before the 1950's, only the highly skilled or the most adventurous dared to venture underwater. It is estimated today that there are 6 million active divers worldwide. They dive to study underwater life, to take photographs, or simply to explore the strange and beautiful world beneath the surface of ocean and you are one of those.

ICE Number

In case of Emergency Number. This number is used by the Emergency Services in Ireland and other countries. It is very important to enter in your Mobile Phone under ICE your next of kin's phone number or the person you would like the Emergency service to contact in the case of an emergency. They would normally look under ICE on your phone.

Kildare Search & Rescue Committee Members 07/08

We will be training throughout the year in the local rivers, canals and lakes. In different search formations and procedures. It is essential we have a high profile, so we will be carrying out most of this training in public areas such as rivers and canals in towns around Kildare.



- Chairman: Liam Whelan
- Diving Officer: Liam Staunton
- Secretary: Tom Cruise
- Training Officer: Barry Lawler
- Equipment Officer: Tom McCabe
- Assistant Equipment Officer: Bernard Kruger
- PRO: Eamon Russell
- Treasurer: Maire Lawler
- Child Liaison Officer: Una Corrigan
- Ordinary Member: Miroslaw Rog

News Letter

If there is any topic or pictures you would like to see on future issues of the News Letter please email me at naasac@hotmail.com or call 0876624166
I would hope to print a news letter every two months and see how it goes. Your positive feedback will be welcomed.

Eamon Russell

Kilkee Weeks Holiday—08

We are heading off again this year to sunny Kilkee on the 19th to the 26th July. Some of the top dive sites in Ireland. We had great diving this year all within a short distance of Kilkee pier and Ross Bay near Loop Head.

Newfee, Myles Creek, Doctor's Rock, Diamond Rocks, Bishop's Island, Black Rocks, Middle Rock, Outer Rock, George's Head, Illaunabaha, Biraghty Moor, Biraghty Beg,

Panicle, Crabs Back, Black Rock, & Russell's Creek.

These are just some of the dive sites that can be dived over the week in Kilkee. Maire Lawler & Liam Whelan are looking into group house accommodation in the area and again book early and deposit

will secure your position. Location not to be missed.
BBQ will be organized on Wednesday evening for friends and family. Bring your own hooch.



Pimp My Trailer

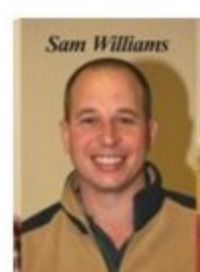
Club trailer is going to go through a full face lift and redesign over the winter.

Tom McCabe, Bernard Kruger and their team of experts.

Miroslaw Rog, Tom Cruise, Robert Keane will work on her body, alloy wheels sixteen's, low profile tires, air con, mud guards, lights and sound, air springs,

When finished it will take the two portable compressors, oxygen cylinders and more all covered in with hydraulic fold down sides and telescopic pole to hold air hose, double Decker trailer will be the first of its kind. Well done to all.

Leaving for Warmer Waters Down Under



We will be sorry to see Sam Williams leave the club. He is moving lock stock and barrel back to Australia. Sam is with the club since 2005 when he joined us as a young bull full of the joys of life, lade back. We soon knocked that out of him. He is now a mature serious hard working Sheila. Not to mention a club diver with attitude. He has learned so much from the club how to duck and dive etc. It will always stand to him through life. Best of luck from us all. Don't forget big house by the beach.!

Nitrox an Aphrodisiac

Is it true? Reports have said it could be dangerous to take in large quantities due to its hidden strengths.

Looking back on this years increase of potential divers to the club it could very possible be through.

Congratulations to all who had an addition to there family this year.

It was proposed and agreed at the last committee meeting to raise the cost of Nitrox fills to € 2:50 which is still very reasonable.

Now due to its added hidden strength its for nothing. Don't all jump on the band wagon now!

Diving Holidays

Some of our members are jetting off to foreign lands.

Warm waters Pena Colada sun kissed beaches peace and quiet. What more could you ask for after a summer of poor enough weather. You lucky things.

Some groups are going on live aboard yachts others will be shore diving.

The important thing is you all come home safe.

Some of the locations being visited this year are Galapagos Islands, Red Sea, Chuuk Lagoon.

As you can see there are many dive options with the club all year around.

