



C.F.T. Crossover Certification

Module

For Divers Trained and Qualified

with other

Diving Federations who are seeking

crossover to

C.M.A.S. / C.F.T. Clubs

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Introduction

Scubadivers, trained by other federations, wishing to join C.F.T. / C.M.A.S. clubs must undertake the appropriate crossover requirements. The following is designed for Diving Officers within C.F.T. clubs to enable them to offer equivalency in grades up to Rescue Diver standard.

It is important to note that the training provided by other diving federations is neither better, nor worse than that of C.F.T. We all share the same diving knowledge but C.F.T. places different emphasis on different aspects of this knowledge. Clubs should also be prepared to accept the experiences and skills that new members bring with them.

All lectures and exercises referred to in this manual must be given and recorded in the divers' Logbook by a CFT Instructor. The Instructor may be a member of the club the diver is intending to join.

Those joining the CFT system must produce proof of a medical being carried out; Medical Disclaimers are not acceptable.

The federations covered in this document are P.A.D.I., S.A.A., A.C.U.C., & B.S.A.C.

This table generally describes the proficiency and limitations of the CFT diving qualifications covered in the document.

C.F.T. Trainee Diver or D *	Trainee Divers must always be accompanied by a diver of a higher grade. A diver of a higher grade may only lead 2 trainees.
C.F.T. Club Diver or D**	A Club Diver is proficient in the safe use of S.C.U.B.A. equipment for open water diving with a buddy. He / She is permitted to dive with buddies of the same grade or higher and may lead trainees with the D/O's permission, but not to depths greater than 25 metres. Club Divers may not lead dives to depths in excess of 30 metres.
C.F.T. Rescue Diver	The holder of this certificate has successfully completed a CFT Diver Medic course and passed an exam in the theory and practice of Diver Rescue, including deep rescue, self rescue, in water resuscitation, rescue management and basic first aid.

Chapter 1.

P.A.D.I.

Section 1.

**P.A.D.I. Open Water Diver,
P.A.D.I. Advanced Open Water Diver, &
P.A.D.I. Advanced Open Water Diver Plus**

These grades are equivalent to **C.F.T. Trainee Diver or D *** on completion of the mandatory lectures and practical water work as stated below:

<u>Mandatory Lectures</u>	<u>Open Water Scuba Skills</u>
Introduction to Courses, Clubs & C.M.A.S Hand Signals Hypothermia. Dive Tables. Practical Water Work.	Mask and mouthpiece clearing, retrieve dropped mouthpiece. Methods of entry. Buoyancy adjustment. Maintaining depth at stop. Buddy and alternative air source breathing. Signals and safety. Towing and E.A.R.

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Trainee Diver Cert.

Section 2.

P.A.D.I. Rescue Diver Cert

This grade is equivalent to **C.F.T. Club Diver or D**** on completion of the mandatory lectures and practical water work as stated below:

<u>Mandatory Lectures</u>	<u>Open Water Scuba Skills</u>	<u>Number of qualifying dives</u>
<ul style="list-style-type: none"> • Introduction to Courses, Club & C.M.A.S. • Hand Signals. • Hypothermia. • Dive Tables. • Respiration and Circulation 	<ul style="list-style-type: none"> • Mask and mouthpiece clearing, retrieve dropped mouthpiece. • Methods of entry. • Buoyancy adjustment. Maintaining depth at stop. • Buddy and alternative air source breathing. • Signals and safety. • Towing and E.A.R. 	Irish or North European waters. 7 x 10 Metres. 4 x 15 Metres 5 x 20 Metres 4 x 24 Metres 3 x 30 Metres Min duration = 15 mins

Section 3.

P.A.D.I. Rescue Diver Cert plus Divemaster.

This grade is equivalent to **C.F.T. Rescue Diver** on completion of the mandatory lectures, the CFT Medic course, and competency is proven in the theory and on carrying out the in water exercises.

<u>Mandatory Lectures / Courses</u>	<u>Open Water Scuba Skills</u>
<ul style="list-style-type: none">• Introduction to Courses, Club & C.M.A.S.• Hand Signals.• Hypothermia.• Dive Tables.• Respiration and Circulation• Deep rescue methods of lift• C.F.T. Diver Medic Course	<ul style="list-style-type: none">• Qualifying dives as per C.F.T. CTB for Rescue Diver• Carry out deep rescue lift and free ascent from C.F.T. Rescue Diver course

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Rescue Diver Cert.

Section 4.

P.A.D.I. Divemaster plus / Master Scuba Diver.

This grade is equivalent to **Rescue Diver** on completion of the mandatory lectures, the CFT Medic course and practical water work as stated below.

<u>Mandatory Lectures / Courses</u>	<u>Open Water Scuba Skills</u>
<ul style="list-style-type: none">• Introduction to Courses, Club & C.M.A.S.• Hand Signals.• Hypothermia.• Dive Tables.• Respiration and Circulation• Deep rescue methods of lift• C.F.T. Diver Medic Course	<ul style="list-style-type: none">• Qualifying dives as per C.F.T. CTB for Rescue diver

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Rescue Diver Cert.

Chapter 2. S.A.A.

Section 1.

Open Water Diver.

This grade is equivalent to **C.F.T. Trainee Diver or D*** on completion of the mandatory lectures and practical water work as stated below:

<u>Mandatory Lectures</u>	<u>Practical Water Work</u>	<u>Number of qualifying dives</u>
Introduction to Courses, Clubs & C.M.A.S Hand Signals Dive Tables Out of Air	Mask and mouthpiece clearing, retrieve dropped mouthpiece. Methods of entry. Buoyancy adjustment. Maintaining depth at stop. Buddy and alternative air source breathing. Signals and safety. Towing and E.A.R. Competency on the pool exercises stated in CTB for a D* to be proven	Three open water training dives as per C.F.T. Courses and Test Book

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Trainee Diver Cert.

Section 2.

Club Diver and Dive Leader

This grade is equivalent to **C.F.T. Club Diver or D**** on completion of the mandatory lectures and practical water work as stated below:

<u>Mandatory Lectures</u>	<u>Practical Water Work</u>	<u>Number of qualifying dives</u>
<ul style="list-style-type: none"> • Introduction to Courses, Club & C.M.A.S. • Hand Signals. • Dive Tables. • Out of Air • Burst Lung 	<ul style="list-style-type: none"> • Competency on the exercises stated in CTB to qualify for D**. • Open water dives and exercises to be carried out as per CTB for Club Diver (D**) 	Irish or North European waters. 7 x 10 Metres. 4 x 15 Metres 5 x 20 Metres 4 x 24 Metres 3 x 30 Metres Min duration = 15 mins

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Club Diver Cert.

Section 3.

Dive Supervisor.

This grade is equivalent to **C.F.T. Club Diver or D**** on completion of the mandatory lectures and practical water work as stated below.

<u>Mandatory Lectures</u>	<u>Practical Water Work</u>	<u>Number of qualifying dives</u>
<ul style="list-style-type: none">• Introduction to Courses, Club & C.M.A.S.• Hand Signals.• Dive Tables.• Out of Air• Burst Lung• Diver Medic Course	<ul style="list-style-type: none">• Competency on the exercises stated in CTB to qualify for D**.• Open water dives and exercises to be carried out as per CTB for Club Diver (D**)• Must hold a rescue diver cert. Must hold a recognised Cox cert or prove competence in boat handling.	<ul style="list-style-type: none">• Number of qualifying dives as per C.F.T. Courses and Test Book, required for this level.

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Club Diver Cert.

Chapter 3.

A.C.U.C.

Section 1.

Scuba Diver Optional /Open Water Diver

This grade is equivalent to **C.F.T. Trainee Diver or D**** on completion of the mandatory lectures and practical water work as stated below.

<u>Mandatory Lectures</u>	<u>Practical Water Work</u>	<u>Number of qualifying dives</u>
Introduction to Courses, Clubs & C.M.A.S Hand Signals Dive Tables Hypothermia.	Mask and mouthpiece clearing, retrieve dropped mouthpiece. Methods of entry. Buoyancy adjustment. Maintaining depth at stop. Buddy and alternative air source breathing. Signals and safety. Towing and E.A.R. Competency in pool exercises as per CTB for a D* grade.	Three open water training dives as per C.F.T. Courses and Test Book

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Trainee Diver Cert.

Section 2.

Club Diver

This grade is equivalent to **C.F.T. Club Diver or D**** on completion of the mandatory lectures and practical water work as stated below:

<u>Mandatory Lectures</u>	<u>Practical Water Work</u>	<u>Number of qualifying dives</u>
<ul style="list-style-type: none">• Introduction to Courses, Club & C.M.A.S.• Hand Signals.• Dive Tables.• Hypothermia• Diving Suits	<ul style="list-style-type: none">• Competency on the exercises stated in CTB to qualify for D**. Open water dives and exercises to be carried out as per CTB for Club Diver (D**)	Irish or North European waters. (Min duration of 15 mins) 7 x 10 Metres. 4 x 15 Metres 5 x 20 Metres 4 x 24 Metres 3 x 30 Metres

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Club Diver Cert.

Section 3. Rescue Diver

This grade is equivalent to **C.F.T. Rescue Diver** on completion of the mandatory lectures, the CFT Medic course and practical water work as stated below:

<u>Mandatory Lectures / Courses</u>	<u>Open Water Scuba Skills</u>
<ul style="list-style-type: none"> • Introduction to Courses, Club & C.M.A.S. • Hand Signals. • Hypothermia. • Dive Tables. • Diving Suits • C.F.T. Diver Medic Course 	<ul style="list-style-type: none"> • Qualifying dives as per C.F.T. CTB for Rescue Diver

Once the above prerequisites are met, the training has been carried out in accordance with **C.F.T. Courses and Test Book** and the appropriate fee paid the Diver can be awarded the **Rescue Diver Cert.**

Section 4. Dive Master

This grade is equivalent to **C.F.T.'s Rescue Diver** on completion of the mandatory lectures and practical water work as stated below:

<u>Mandatory Lectures / Courses</u>	<u>Open Water Scuba Skills</u>
<ul style="list-style-type: none"> • Introduction to Courses, Club & C.M.A.S. • Hand Signals. • Hypothermia. • Dive Tables. • Diving Suit • Small Boat Diving • Diver Medic Course 	<ul style="list-style-type: none"> • Qualifying dives as per C.F.T. CTB for Rescue Diver

Once the above prerequisites are met, the training has been carried out in accordance with **C.F.T. Courses and Test Book** and the appropriate fee paid the Diver can be awarded the **Rescue Diver Cert.**

Chapter 4.

B.S.A.C.

Section 1. Club Diver

This grade is equivalent to **C.F.T. Trainee Diver or D*** on completion of the mandatory lectures and Practical water work as stated below.

<u>Mandatory Lectures</u>	<u>Practical Water Work</u>	<u>Number of qualifying dives</u>
Introduction to Courses, Clubs & C.M.A.S Hand Signals Dive Tables	Mask and mouthpiece clearing, retrieve dropped mouthpiece. Methods of entry. Buoyancy adjustment. Maintaining depth at stop. Buddy and alternative air source breathing. Signals and safety. Towing and E.A.R. Competency in pool exercises stated in CTB for a D*	Three open water training dives as per C.F.T. Courses and Test Book

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Trainee Diver Cert.

Section 2.

Sport Diver / Dive Leader / Advanced Diver

This grade is equivalent to **C.F.T. Club Diver or D**** on completion of the mandatory lectures and practical water work as stated below:

<u>Mandatory Lectures</u>	<u>Open Water Scuba Skills</u>	<u>No. qualifying dives</u>
<ul style="list-style-type: none">• Introduction to Courses, Club & C.M.A.S.• Hand Signals.• Dive Tables.	<ul style="list-style-type: none">• Mask and mouthpiece clearing, retrieve dropped mouthpiece.• Methods of entry.• Buoyancy adjustment. Maintaining depth at stop.• Buddy and alternative air source breathing.• Signals and safety.• Towing and E.A.R.• Competency in the exercises as stated in CTB to qualify for D*.• Open water dives and exercises to be carried out as per CTB for D**.	Irish or North European waters. 7 x 10 Metres. 4 x 15 Metres 5 x 20 Metres 4 x 24 Metres 3 x 30 Metres Min duration = 15 mins

Once the above prerequisites are met, the training has been carried out in accordance with C.F.T. Courses and Test Book and the appropriate fee paid the Diver can be awarded the Club Diver Cert.