# **Tuesday 25th September**

#### Discover OneSelf

Discover OneSelf (D1S), a co-existing disorder service is holding a coffee morning, arts & crafts activities, music and an information talk. 10.30am-2pm. D1S, Old Garden Centre, Ardscull, Dublin Road, Athy. Coffee morning: Enjoy some tea and coffee while discovering how D1S delivers a non-judgmental, confidential & socially inclusive service. (10.30am-11:30am)

Arts & Crafts activities (11:15am -12:15pm) Information talks: 'An introduction to Loss and Grief: Impact on self' (12.30pm -1.30pm) Please note places are limited for this talk, so pre-booking is essential. Please contact Declan or email d1sathy@gmail.com by Friday 21st of September.

Lunch & Music for activity participants: (1.30pm - 2pm) Contact: Declan Nolan: 0871185335.

## **Tuesday 25th September**

#### Celbridge

#### St. John of God

Open event in the Abbey in Celbridge from 12pm-1.30pm, where people taking part in the Seasons Programme and invited guests reflect on Social Inclusion. Light Refreshments served.

Contact Peter Fanthom:

0877937129 / Peter.fanthom@sjog.ie

Tuesday 25th September

#### Naas

#### Older Voices Kildare & Connect Communities Naas

Interactive Games event in Naas Care of the Aged. Limerick Road from 2pm-4pm. Opportunity for an afternoon of fun with card games and board games.

Contact Denise Croke: 0871411669 oldervoiceskildare@gmail.com.

**Tuesday 25th September** Newbridge

Kildare Traveller Action

#### Voices from The Margins Revisited

Facilitated conversation between people seeking asylum, new communities & members of the Roma & Traveller communities revisiting issues highlighted in 2017 Social Inclusion Week. An article featuring these experiences will be documented in a Kildare Leinster Leader article during Social Inclusion Week 2018.

## Wednesday 26th September

#### Hope Cottage

Mindfulness through Art workshop for families whose members are in addiction or in recovery. Free event from 10am-2pm.

Contact Noreen Ardill: 0833796852 Noreen@countvkildarelp.ie

## Wednesday 26th September

#### Athy

#### The DARA Project

A creative look at recovery; Open morning in Athy Enterprise Centre Unit 1 & 2, for exploration of addiction in rural Ireland, using creative tools such as music, photography, poetry and storytelling from 11am-1pm.

Contact Valerie Devaney: 0876238558 Or Kenny Hartnett: 0876055234.

### Wednesday 26th September

#### Athv

#### Kingdom Life House

Open Morning through African Music; in Unit 1 & 2 Stanhope Place Athy. Welcome and expression of Social Inclusion through music / a cultural event for all the community to promote social integration from 10am-12pm.

Contact Jide Sadig: iidesadig@gmail.com

## Wednesday 26th September

#### Celbridge

#### St. John of God

Music Event in the Abbey in Celbridge with singing from two choirs from 11am-12.30pm; Voices of Spring Community Choir based in the Mill and New Dawn Singers based in the Abbey in Celbridge. Light Refreshments served

Contact: Peter Fanthom: 0877937129 Peter.fanthom@sjog.ie or Elizabeth Gannon 087 7425901 Email: Elizabeth.gannon@siog.je

## Wednesday 26th September

#### Naas

#### Older Voices Kildare

Yoga for Older People with Dementia and their Carers in McAuley Place, Sallins Road from 7pm-9pm. Contact Denise Croke: 0871411669

## Wednesday 26th September

## Celbridge, Maynooth, Naas

Naas Access Group

Make Way Day a National Campaign to raise awareness of the need to remove physical barriers on footpaths and everyday obstacles due to the impact on people with disabilities. A walk to highlight these issues will take place in the above locations.

Contact Majella 087 4183539

Email: naasaccess@gmail.com

## Wednesday 26th September Newbridge

#### Men's Sensory Garden

Open Morning in Newbridge Family Resource Centre to highlight the work undertaken so far in the planning and designing the sensory garden for our centre from 11am-1pm with light refreshments available.

Contact Luke Devlin: 0864611332 mensdev@newbridgefrc.ie.

#### Wednesday 26th September Newbridge KARE

Intergenerational Activities with Newbridge Day Care Centre hosting Songs and Games from bygone days. Children and the older generation singing songs and playing games from 11 am - 12.30 pm.

Contact Deirdre McGlvnn: 0877377574 Deirdre.mcglvnn@kare.ie.

#### Thursday 27th September

#### Clane

#### The Irish Wheelchair Association

Open morning in the John Sullivan Resource Centre, Ballinagappa Road, Clane from 10am-1pm. Come and enjoy an introduction to Biodiversity and Citizen Science within the accessible garden. Activities such as bug hunting and pond-dipping will be on offer. Contact Eileen Ó Brien: 045861346 (press 1) or

email: eileen.obrien@iwa.ie

Also in the John Sullivan Resource Centre, in the afternoon the Community Garda Gary Cogan will call into the Centre to give a talk on personal safety from 2pm-3.30pm. Members of the local community are very welcome to attend.

Contact Eileen Ó Brien: 045861346 (press 1) or email: eileen.obrien@iwa.ie

# Thursday 27th September Celbridge

St. John of God

Accessible Yoga in the Abbey in Celbridge 4 x half hour sessions:

11am -11.30am , 11.30am -12pm, Chair Yoga: 12pm-12.30pm Tea/coffee served afterwards

Contact: Elizabeth Gannon 087 7425901

Email: Elizabeth.gannon@sjog.ie or Peter Fanthom: 087 7937129 Email: Peter.fanthom@sjog.ie

Friday 28th September
 Newbridge

**KARE** 

KARE Adult Day Service and Newbridge Family Resource Centre, Dara Park will come together for a coffee morning and singing performance by their choir from 10am-12pm.

Contact Lyndsey Ann Litton: 0876742672 lyndseyann.litton@kare.ie

Friday 28th September

#### Naas

Kildare PPN & Kildare County Council

Social Inclusion Week 2018 Gala Event in the Kildare County Council Chamber, Aras Chill Dara in Naas from 1pm to 3pm. We welcome the Cameroon Dancers & Beautiful Noise Choir to KCC for short performance. Light refreshments available.

Saturday 29th September

#### Allenwood

#### Allenwood Foroige

Picture-Box Day in Allenwood, full of Photography and a Graphics Club to get creativity flowing, interact with others and have fun from 9am-4pm.

Contact Michael Garrity: 0860430001 allenwoodyouth@gmail.com

Saturday 29th September

## Maynooth

#### **ADA IGBO Ireland**

Youth Mental Health Workshop; in Glenroyal Hotel, Maynooth. Providing Youth speakers from AWARE and others from ethnic minority backgrounds. The event will showcase a cultural display of diverse ethnicity, creating awareness and acceptance of the different cultures in the Maynooth community from 4pm-8pm.

Contact Stephanie Obijiaku: 0863644146 Or email: missigboireland@gmail.com

## Saturday 29th September

#### Naas

#### **Enable Ireland**

Open Day for the public to visit the Mid Kildare Network Disability Team in the Enable Ireland Building, Jigginstown Naas. Come in for Coffee/Tea, a tour of the building, learn what we do and try some activities and equipment from 11am-3pm.

Contact Anélle Marynowski: 045875676 amarynowski@enableireland.ie

Further information on Social Inclusion Week 2018 Contact: kildareppn@gmail.com 045 980700

> socialinclusionweekkildare@gmail.com 045 895450

Check out our Facebook page: www.facebook.com/KildarePPN





















KILDARE SOCIAL INCLUSION WEEK 2018

TUESDAY 25TH SEPTEMBER
TO
SATURDAY 29TH SEPTEMBER

KILDARE
PUBLIC PARTICIPATION NETWORK
&
COUNTY KILDARE LEADER
PARTNERSHIP

