

Sound bites:

Who are FADA?

We are group of local volunteers dedicated to the promotion of sustainable living and with the rekindling of community spirit.

What is sustainable living?

Our current use of finite fossil fuels for running our transport and heating our homes is unsustainable. By using alternative sustainable energy sources such as wind power, wave power, wood pellets, solar power, hydropower we reduce our dependency on finite sources of fuel.

How does food relate to sustainable living?

We are concerned that a significant portion of the food we consume comes from thousands of miles away. This requires an enormous amount of energy. By consuming more local produce we reduce the amount of energy required to put food on our table.

What are food miles?

An apple coming from Cape Town will have to be transported 4000 miles to get to a shop in Newbridge. An apple from Fonstown Orchard in South Kildare travels 14 miles and is just as tasty. The further the produce has travelled the greater the food miles and the greater the energy required to bring it to the kitchen table.

Who do FADA represent?

FADA's members are representative of all sections of our community. FADA is not affiliated to any political or religious group. FADA is an inclusive community group willing to work with all members and all organisations of our community in order to achieve our goal.

What do FADA do?

We are dedicated to improving the local skills base by providing a number of public meetings and by arranging educational courses on subjects as diverse as composting and waste management, preservation of seasonal foods, local economics, sustainable systems for heating our homes and herbal medicine.

In addition there are several sub-groups within FADA that carry out projects within the community from community gardens, strengthening farmers markets and local energy audits.

FADA also create links between existing community groups in the locality.

FADA plan to lobby local politicians on issues relating to sustainable living and on matters concerning the local community such as the development of local amenities.